WHY IT’S IMPORTANT

Across the nation and around the globe, a major demographic shift is taking place. By 2020, adults age 65 and over will outnumber children under five among the global population for the first time. This has significant implications for how we live and work. Here in Massachusetts, this shift is well underway and community leaders face critical decisions for how to move forward. Many leaders are already using an age-friendly lens to identify ways to promote healthy aging and enhance life for all residents.

**FACT:** For the first time in the history of our country, the population over age 60 is growing faster than the population under age 18.

WHO WE ARE

A group of more than 100 agencies and organizations committed to advancing healthy aging and age-friendly communities throughout the state, the Massachusetts Healthy Aging Collaborative promotes policies and practices that are inclusive, relevant, and enhance the quality of life for people of all ages.

**FACT:** In many Commonwealth cities and towns, adults over 65 already outnumber children 5 and younger.

HOW WE HELP YOU

Visit our website (www.mahealthyagingcollaborative.org) to access the Age-Friendly Community Checklist, Age-Friendly Tool Kit, and the Massachusetts Healthy Aging Data Report. These tools will help you start conversations in your community and begin planning for an age-friendly future.

You will also find links to the AARP, Dementia-Friendly Massachusetts Initiative, the Executive Office of Elder Affairs, and others who offer additional age-friendly resources.

**FACT:** By 2030, more than one-quarter of the Massachusetts population will be 60 years or older.

LEARN MORE

**AARP**
Valerie Spain
vspain@aarp.org
617-305-0566

Dementia Friendly Massachusetts Initiative
Emily Kearns
EKearns@jfcsboston.org
978-604-0830

**Executive Office of Elder Affairs**
Robin Lipson
robin.lipson@state.ma.us
617-222-7511

**Massachusetts Healthy Aging Collaborative**
James Fuccione
James.Fuccione@mahealthyaging.org
617-717-9493

**EXECUTIVE COMMITTEE**

Milagros Abreu, MD, MPH
The Latino Health Insurance Program Inc.

Alice Bonner
Executive Office of Elder Affairs

Martin Cohen
MetroWest Health Foundation

James Fuccione
Massachusetts Healthy Aging Collaborative

Rebecca Gallo
MetroWest Health Foundation

Rebekah Gewirtz
Massachusetts Public Health Association

Vicki Halal
Office of Senator Pat Jehlen

Joan Hatem-Roy
Elder Services of the Merrimack Valley

Emily Kearns
Jewish Family and Children's Services

Wendy Landman
WalkBoston

Walter Leutz, PhD
Heller School, Brandeis University

Robin Lipson
Executive Officer of Elder Affairs

Tamy-Fee Meneide
Multicultural Coalition on Aging

Gene Mazella
Multicultural Coalition on Aging

Nora Moreno Cargie
Tufts Health Plan Foundation

Jan Mutchler
UMass Boston Gerontology Institute

Lea Susan Ojamaa
MA Department of Public Health

Jennifer Raymond
Healthy Living Center of Excellence

Amy Schectman
Jewish Community Housing for the Elderly

Rob Schreiber, MD
Hebrew Senior Life, Harvard Medical School

Emily Shea
Boston Commission on Affairs of the Elderly

Elissa Sherman
LeadingAge Massachusetts

Valerie Spain
AARP MA

David Stevens
Massachusetts Councils on Aging

Karen Voci
Harvard Pilgrim Health Care

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Age-Friendly and Dementia-Friendly Initiatives in Massachusetts

Updated January 2017

Active Age-Friendly*  
- Boston  
- Brookline  
- Dartmouth  
- Martha's Vineyard Region  
- New Bedford  
- Newton  
- Berkshire Region  
- Salem  
- West Springfield  
- Yarmouth

Active Age- and Dementia-Friendly

Emerging Age-Friendly

Emerging Age- and Dementia-Friendly

Active Dementia-Friendly  
- Auburn  
- Boston  
- Brookline  
- Canton  
- Cape Cod & Islands Region  
- Holyoke  
- Hopedale  
- Hudson  
- Marlborough  
- Martha's Vineyard Region  
- Berkshire Region  
- Northborough  
- Quincy  
- Sudbury  
- Westborough  
- Westfield

Emerging Dementia-Friendly  
- Agawam  
- Andover  
- Avon  
- Beverly  
- East Bridgewater  
- Fall River  
- Fitchburg  
- Gardner  
- Gloucester/Cape Ann  
- Medford  
- Milton  
- Newton  
- Randolph  
- Revere  
- Saugus  
- South Hadley  
- Whitman

*Many Massachusetts towns and cities work with AARP or the World Health Organization to achieve the Age-Friendly Community designation. Other towns work on their own to integrate age-friendly in all policies and practices.