Age Strong Commission's

BEST PRACTICES TIPS
for creating an Age-Friendly Walking program

PUBLIC REALM

- BENCHES
  Benches should have raised armrests on the end and center, raised seats and backs for easy support, & temperature-resistant

- STREET TREES
  Plant trees to create shade and climate resiliency

- LIGHTING
  Sufficient bright street lighting is everywhere

- SIDEWALK MAINTENANCE
  Use concrete material over brick, cobblestone, or similar styles

STREETS

- CROSSWALKS
  Keep crossing distance short and well-painted

- SIGNAL TIMING
  Increase Lead Pedestrian Interval in areas with high concentration of older adults or people with disabilities

- ADA COMPLIANCE
  Street conditions including ramps meet ADA standards

- TRAFFIC SPEED
  Implement traffic calming and slow speeds to 25 MPH

ACCESS

- PUBLIC BATHROOMS
  Open, accessible, prominent signage, and near popular destinations

- BUS STOPS
  Accessible for all users and feature a bench or bus shelter

- WAYFINDING
  Signs are easy to read and large font
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**ADDITIONAL TIPS**

- **ENHANCED CROSSWALKS**
  Use daylighting, signage, pedestrian-scale lighting, or raised crosswalk

- **WALK TIMES**
  Allow for extended walk times

- **SAFETY ZONE**
  Create a safety zone near senior or community centers, commercial district, and parks using various design elements

- **COMMUNITY ENGAGEMENT**
  Host a walk audit, pop-up street demonstration, create an education toolkit, host community office hours, and partner with non-traditional groups like artists, senior centers, and others to broaden engagement and support

**NOTES:**

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