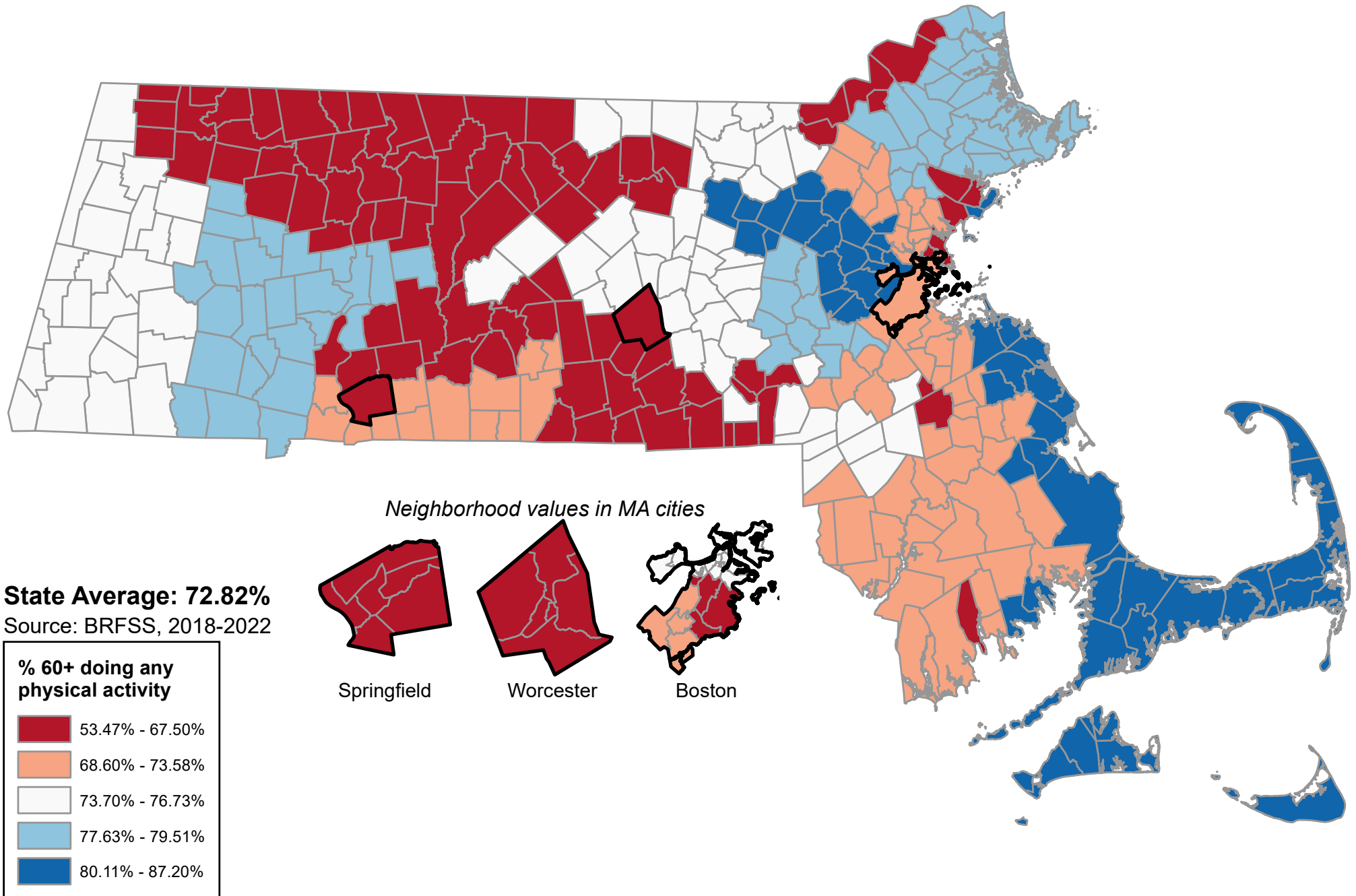


# Percentage of Persons Age 60+ Years doing any Physical Activity in Past Month



## Percentage of Persons Age 60+ Years Doing any Physical Activity in Past Month

Abington	68.74%	Chester	79.51%	Hadley	79.51%	Medfield	79.39%	Peru	74.26%	Swampscott	81.57%	Worthington	79.51%
Acton	85.56%	Chesterfield	79.51%	Halifax	68.74%	Medford	71.53%	Petersham	67.50%	Swansea	69.68%	Wrentham	75.24%
Acushnet	68.60%	Chicopee	66.05%	Hamilton	77.63%	Medway	65.60%	Phillipston	67.50%	Taunton	69.68%	Yarmouth	80.11%
Adams	67.50%	Chilmark	80.59%	Hampden	70.47%	Melrose	71.53%	Pittsfield	74.26%	Templeton	67.04%		
Aqawam	70.47%	Clarksburg	67.50%	Hancock	74.26%	Mendon	76.73%	Plainfield	79.51%	Tewksbury	73.58%	<b>Boston</b>	
Alford	74.26%	Clinton	75.94%	Hanover	82.70%	Merrimac	65.51%	Plainville	75.24%	Tisbury	80.59%	Allston	73.70%
Amesbury	77.63%	Cohasset	82.70%	Hanson	68.74%	Methuen	65.51%	Plymouth	82.70%	Tolland	79.51%	Back Bay	73.70%
Amherst	79.51%	Colrain	67.50%	Hardwick	75.94%	Middleborough	68.74%	Plympton	82.70%	Topsfield	77.63%	Beacon Hill	73.70%
Andover	78.24%	Concord	85.56%	Harvard	85.56%	Middlefield	79.51%	Princeton	75.94%	Townsend	75.71%	Brighton	73.70%
Arlington	84.66%	Conway	67.50%	Harwich	80.59%	Middleton	78.24%	Provincetown	80.59%	Truro	80.59%	Charlestown	73.70%
Ashburnham	75.71%	Cummington	79.51%	Hatfield	79.51%	Milford	65.60%	Quincy	72.41%	Tynngsborough	75.71%	Chinatown	73.70%
Ashby	75.71%	Dalton	74.26%	Haverhill	74.26%	Millbury	65.60%	Randolph	72.41%	Tyringham	74.26%	Dorchester	66.57%
Ashfield	67.50%	Danvers	78.24%	Hawley	67.50%	Millis	75.24%	Raynham	68.74%	Upton	76.73%	Downtown	73.70%
Ashland	79.39%	Dartmouth	71.92%	Heath	67.50%	Millville	65.60%	Reading	78.24%	Uxbridge	65.60%	East Boston	73.70%
Athol	67.50%	Dedham	73.04%	Hingham	82.70%	Milton	73.04%	Rehoboth	69.68%	Wakefield	73.58%	Fenway	73.70%
Atleboro	69.68%	Deerfield	67.50%	Hinsdale	74.26%	Monroe	67.50%	Revere	54.11%	Wales	70.47%	Hyde Park	71.93%
Auburn	65.60%	Dennis	80.59%	Holbrook	72.41%	Monson	70.47%	Richmond	74.26%	Walpole	73.04%	Jamaica Plain	71.93%
Avon	53.47%	Dighton	69.68%	Holden	75.94%	Montague	67.50%	Rochester	68.74%	Waltham	84.66%	Longwood	73.70%
Ayer	75.71%	Douglas	65.60%	Holland	70.47%	Monterey	74.26%	Rockland	68.74%	Ware	66.05%	Mattapan	66.57%
Barnstable	80.11%	Dover	79.39%	Holliston	79.39%	Montgomery	79.51%	Rockport	77.63%	Wareham	68.74%	Mission Hill	66.57%
Barre	75.94%	Dracut	65.51%	Holyoke	66.05%	Mount Washington	74.26%	Rowe	67.50%	Warren	66.05%	North End	73.70%
Becket	74.26%	Dudley	65.60%	Hopedale	65.60%	Nahant	81.57%	Rowley	77.63%	Warwick	67.50%	Roslindale	71.93%
Bedford	85.56%	Dunstable	75.71%	Hopkinton	76.73%	Nantucket	80.59%	Royalston	67.50%	Washington	74.26%	Roxbury	66.57%
Belchertown	66.05%	Duxbury	82.70%	Hubbardston	67.04%	Natick	79.39%	Russell	79.51%	Watertown	84.66%	South Boston	75.03%
Bellingham	65.60%	East Bridgewater	68.74%	Hudson	76.73%	Needham	87.20%	Rutland	75.94%	Wayland	79.39%	South Boston Waterfront	75.03%
Belmont	84.66%	East Brookfield	70.47%	Hull	82.70%	New Ashford	74.26%	Salem	60.77%	Webster	65.60%	South End	75.03%
Berkley	69.68%	East Longmeadow	70.47%	Huntington	79.51%	New Bedford	54.03%	Salisbury	77.63%	Wellesley	87.20%	West End	73.70%
Berlin	75.94%	Eastham	80.59%	Ipswich	77.63%	New Braintree	66.05%	Sandisfield	74.26%	Wellfleet	80.59%	West Roxbury	71.93%
Bernardston	67.50%	Easthampton	79.51%	Kingston	82.70%	New Marlborough	74.26%	Sandwich	80.11%	Wendell	67.50%		
Beverly	77.63%	Easton	75.24%	Lakeville	68.74%	New Salem	67.50%	Saugus	71.53%	Wenham	77.63%	<b>Springfield</b>	
Billerica	73.58%	Edgartown	80.59%	Lancaster	75.94%	Newbury	77.63%	Savoy	67.50%	West Boylston	75.94%	Bay, McKnight, Old,	64.02%
Blackstone	65.60%	Egremont	74.26%	Lanesborough	74.26%	Newburyport	77.63%	Scituate	82.70%	West Bridgewater	68.74%	Upper Hill	
Blandford	79.51%	Erving	67.50%	Lawrence	65.51%	Newton	87.20%	Seekonk	69.68%	West Brookfield	66.05%	6 Cor Memo Metro	64.02%
Bolton	75.94%	Essex	77.63%	Lee	74.26%	Norfolk	73.04%	Sharon	73.04%	West Newbury	77.63%	Brightwood S	
Boston	70.84%	Everett	71.53%	Leicester	65.60%	North Adams	67.50%	Sheffield	74.26%	West Springfield	70.47%	E Springfield Indian	64.02%
Bourne	80.11%	Fairhaven	68.60%	Lenox	74.26%	North Andover	78.24%	Shelburne	67.50%	West Stockbridge	74.26%	Liberty	
Boxborough	85.56%	Fall River	69.68%	Leominster	67.04%	North Attleborough	75.24%	Sherborn	79.39%	West Tisbury	80.59%	Pine Point Boston	64.02%
Boxford	77.63%	Falmouth	80.11%	Leverett	67.50%	North Brookfield	66.05%	Shirley	75.71%	Westborough	76.73%	Rd	
Boylston	75.94%	Fitchburg	67.04%	Lexington	85.56%	North Reading	78.24%	Shrewsbury	76.73%	Westfield	79.51%	E Forest Park 16	64.02%
Braintree	72.41%	Florida	67.50%	Leyden	67.50%	Northampton	79.51%	Shutesbury	67.50%	Westford	75.71%	Acre	
Brewster	80.59%	Foxborough	75.24%	Lincoln	85.56%	Northborough	76.73%	Somerset	69.68%	Westhampton	79.51%	Forest Park	64.02%
Bridgewater	68.74%	Framingham	79.39%	Littleton	75.71%	Northbridge	65.60%	Somerville	71.53%	Westminster	67.04%		
Brimfield	70.47%	Franklin	75.24%	Longmeadow	70.47%	Northfield	67.50%	South Hadley	79.51%	Weston	87.20%		
Brockton	53.47%	Freetown	69.68%	Lowell	66.52%	Norton	75.24%	Southampton	79.51%	Westport	71.92%	<b>Worcester</b>	
Brookfield	70.47%	Gardner	67.04%	Ludlow	66.05%	Norwell	82.70%	Southborough	76.73%	Westwood	79.39%	Downtown	59.83%
Brookline	87.20%	Aquinnah	80.59%	Lunenburg	67.04%	Norwood	73.04%	Southbridge	65.60%	Weymouth	72.41%	Central City	59.83%
Buckland	67.50%	Georgetown	77.63%	Lynn	60.77%	Oak Bluffs	80.59%	Southwick	79.51%	Whately	67.50%	East Worcester	59.83%
Burlington	73.58%	Gill	67.50%	Lynnfield	78.24%	Oakham	66.05%	Spencer	65.60%	Whitman	68.74%	North Worcester	59.83%
Cambridge	84.66%	Gloucester	77.63%	Malden	71.53%	Orange	67.50%	Springfield	64.02%	Wilbraham	70.47%	South Worcester	59.83%
Canton	73.04%	Goshen	79.51%	Manchester	77.63%	Orleans	80.59%	Sterling	75.94%	Williamsburg	79.51%	West Worcester	59.83%
Carlsle	85.56%	Gosnold	80.11%	Mansfield	75.24%	Otis	74.26%	Stockbridge	74.26%	Williamstown	74.26%		
Carver	68.74%	Grafton	76.73%	Marblehead	81.57%	Oxford	65.60%	Stoneham	73.58%	Wilmington	73.58%		
Charlemont	67.50%	Granby	66.05%	Marion	80.11%	Palmer	66.05%	Stoughton	75.24%	Winchendon	67.04%		
Charlton	65.60%	Granville	79.51%	Marlborough	76.73%	Paxton	75.94%	Stow	85.56%	Winchester	85.56%		
Chatham	80.59%	Great Barrington	74.26%	Marshfield	82.70%	Peabody	60.77%	Sturbridge	70.47%	Windsor	74.26%		
Chelmsford	75.71%	Greenfield	67.50%	Mashpee	80.11%	Pelham	79.51%	Sudbury	79.39%	Winthrop	54.11%		
Chelsea	54.11%	Groton	75.71%	Mattapoissett	80.11%	Pembroke	68.74%	Sunderland	67.50%	Woburn	73.58%		
Cheshire	74.26%	Groveland	77.63%	Maynard	85.56%	Pepperell	75.71%	Sutton	65.60%	Worcester	59.83%		



Point32Health Foundation



## Percentage of Persons Age 60+ Years Doing any Physical Activity in Past Month (Ranked)

Brookline	87.20%	Sandwich	80.11%	Salisbury	77.63%	Lee	74.26%	Wilbraham	70.47%	Shutesbury	67.50%	New Bedford	54.03%
Needham	87.20%	Yarmouth	80.11%	Topsfield	77.63%	Lenox	74.26%	Attleboro	69.68%	Sunderland	67.50%	Avon	53.47%
Newton	87.20%	Amherst	79.51%	Wenham	77.63%	Monterey	74.26%	Berkley	69.68%	Warwick	67.50%	Brockton	53.47%
Wellesley	87.20%	Blandford	79.51%	West Newbury	77.63%	Mount Washington	74.26%	Dighton	69.68%	Wendell	67.50%		
Weston	87.20%	Chester	79.51%	Grafton	76.73%	New Ashford	74.26%	Fall River	69.68%	Whately	67.50%	<b>Boston</b>	
Acton	85.56%	Chesterfield	79.51%	Hopkinton	76.73%	New Marlborough	74.26%	Freetown	69.68%	Fitchburg	67.04%	South Boston	75.03%
Bedford	85.56%	Cummington	79.51%	Hudson	76.73%	Otis	74.26%	Rehoboth	69.68%	Gardner	67.04%	South Boston Waterfront	75.03%
Boxborough	85.56%	Easthampton	79.51%	Marlborough	76.73%	Peru	74.26%	Seekonk	69.68%	Hubbardston	67.04%	South End	75.03%
Carlisle	85.56%	Goshen	79.51%	Mendon	76.73%	Pittsfield	74.26%	Somerset	69.68%	Leominster	67.04%	Allston	73.70%
Concord	85.56%	Granville	79.51%	Northborough	76.73%	Richmond	74.26%	Swansea	69.68%	Lunenburg	67.04%	Back Bay	73.70%
Harvard	85.56%	Hadley	79.51%	Shrewsbury	76.73%	Sandisfield	74.26%	Taunton	69.68%	Templeton	67.04%	Beacon Hill	73.70%
Lexington	85.56%	Hatfield	79.51%	Southborough	76.73%	Sheffield	74.26%	Abington	68.74%	Westminster	67.04%	Brighton	73.70%
Lincoln	85.56%	Huntington	79.51%	Upton	76.73%	Stockbridge	74.26%	Bridgewater	68.74%	Winchendon	67.04%	Charlestown	73.70%
Maynard	85.56%	Middlefield	79.51%	Westborough	76.73%	Tyringham	74.26%	Carver	68.74%	Lowell	66.52%	Chinatown	73.70%
Stow	85.56%	Montgomery	79.51%	Barre	75.94%	Washington	74.26%	East Bridgewater	68.74%	Belchertown	66.05%	Downtown	73.70%
Winchester	85.56%	Northampton	79.51%	Berlin	75.94%	West Stockbridge	74.26%	Halifax	68.74%	Chicopee	66.05%	East Boston	73.70%
Arlington	84.66%	Pelham	79.51%	Bolton	75.94%	Williamstown	74.26%	Hanson	68.74%	Granby	66.05%	Fenway	73.70%
Belmont	84.66%	Plainfield	79.51%	Boylston	75.94%	Windsor	74.26%	Lakeville	68.74%	Holyoke	66.05%	Longwood	73.70%
Cambridge	84.66%	Russell	79.51%	Clinton	75.94%	Billerica	73.58%	Middleborough	68.74%	Ludlow	66.05%	North End	73.70%
Waltham	84.66%	South Hadley	79.51%	Hardwick	75.94%	Burlington	73.58%	Pembroke	68.74%	New Braintree	66.05%	West End	73.70%
Watertown	84.66%	Southampton	79.51%	Holden	75.94%	Stoneham	73.58%	Raynham	68.74%	North Brookfield	66.05%	Hyde Park	71.93%
Cohasset	82.70%	Southwick	79.51%	Lancaster	75.94%	Tewksbury	73.58%	Rochester	68.74%	Oakham	66.05%	Jamaica Plain	71.93%
Duxbury	82.70%	Tolland	79.51%	Paxton	75.94%	Wakefield	73.58%	Rockland	68.74%	Palmer	66.05%	Roslindale	71.93%
Hanover	82.70%	Westfield	79.51%	Princeton	75.94%	Wilmington	73.58%	Wareham	68.74%	Ware	66.05%	West Roxbury	71.93%
Hingham	82.70%	Westhampton	79.51%	Rutland	75.94%	Woburn	73.58%	West Bridgewater	68.74%	Warren	66.05%	Dorchester	66.57%
Hull	82.70%	Williamsburg	79.51%	Sterling	75.94%	Canton	73.04%	Whitman	68.74%	West Brookfield	66.05%	Mattapan	66.57%
Kingston	82.70%	Worthington	79.51%	West Boylston	75.94%	Dedham	73.04%	Acushnet	68.60%	Auburn	65.60%	Mission Hill	66.57%
Marshfield	82.70%	Ashland	79.39%	Ashburnham	75.71%	Milton	73.04%	Fairhaven	68.60%	Bellingham	65.60%	Roxbury	66.57%
Norwell	82.70%	Dover	79.39%	Ashby	75.71%	Norfolk	73.04%	Adams	67.50%	Blackstone	65.60%		
Plymouth	82.70%	Framingham	79.39%	Ayer	75.71%	Norwood	73.04%	Ashfield	67.50%	Charlton	65.60%	<b>Springfield</b>	
Plympton	82.70%	Holliston	79.39%	Chelmsford	75.71%	Sharon	73.04%	Athol	67.50%	Douglas	65.60%	Bay, McKnight, Old,	64.02%
Scituate	82.70%	Medfield	79.39%	Dunstable	75.71%	Walpole	73.04%	Bernardston	67.50%	Dudley	65.60%	Upper Hill	
Marblehead	81.57%	Natick	79.39%	Groton	75.71%	Braintree	72.41%	Buckland	67.50%	Hopedale	65.60%	6 Cor Memo Metro	64.02%
Nahant	81.57%	Sherborn	79.39%	Littleton	75.71%	Holbrook	72.41%	Charlemont	67.50%	Leicester	65.60%	Brightwood So	
Swampscott	81.57%	Sudbury	79.39%	Pepperell	75.71%	Quincy	72.41%	Clarksburg	67.50%	Medway	65.60%	E Springfield Indian	
Brewster	80.59%	Wayland	79.39%	Shirley	75.71%	Randolph	72.41%	Colrain	67.50%	Milford	65.60%	Liberty	64.02%
Chatham	80.59%	Westwood	79.39%	Townsend	75.71%	Weymouth	72.41%	Conway	67.50%	Millbury	65.60%	Pine Point Boston	
Chilmark	80.59%	Andover	78.24%	Tyngsborough	75.71%	Dartmouth	71.92%	Deerfield	67.50%	Millville	65.60%	Rd	64.02%
Dennis	80.59%	Danvers	78.24%	Westford	75.71%	Westport	71.92%	Erving	67.50%	Northbridge	65.60%	E Forest Park 16	64.02%
Eastham	80.59%	Lynnfield	78.24%	Easton	75.24%	Everett	71.53%	Florida	67.50%	Oxford	65.60%	Acre	
Edgartown	80.59%	Middleton	78.24%	Foxborough	75.24%	Malden	71.53%	Gill	67.50%	Southbridge	65.60%	Forest Park	64.02%
Aquinnah	80.59%	North Andover	78.24%	Franklin	75.24%	Medford	71.53%	Greenfield	67.50%	Spencer	65.60%		
Harwich	80.59%	North Reading	78.24%	Mansfield	75.24%	Melrose	71.53%	Hawley	67.50%	Sutton	65.60%		
Nantucket	80.59%	Reading	78.24%	Millis	75.24%	Saugus	71.53%	Heath	67.50%	Uxbridge	65.60%	<b>Worcester</b>	
Oak Bluffs	80.59%	Amesbury	77.63%	North Attleborough	75.24%	Somerville	71.53%	Leverett	67.50%	Webster	65.60%	Downtown	59.83%
Orleans	80.59%	Beverly	77.63%	Norton	75.24%	Boston	70.84%	Leyden	67.50%	Dracut	65.51%	Central City	59.83%
Provincetown	80.59%	Boxford	77.63%	Plainville	75.24%	Agawam	70.47%	Monroe	67.50%	Haverhill	65.51%	East Worcester	59.83%
Tisbury	80.59%	Essex	77.63%	Stoughton	75.24%	Brimfield	70.47%	Montague	67.50%	Lawrence	65.51%	North Worcester	59.83%
Truro	80.59%	Georgetown	77.63%	Wrentham	75.24%	Brookfield	70.47%	New Salem	67.50%	Merrimac	65.51%	South Worcester	59.83%
Wellfleet	80.59%	Gloucester	77.63%	Alford	74.26%	East Brookfield	70.47%	North Adams	67.50%	Methuen	65.51%	West Worcester	59.83%
West Tisbury	80.59%	Groveland	77.63%	Becket	74.26%	East Longmeadow	70.47%	Northfield	67.50%	Springfield	64.02%		
Barnstable	80.11%	Hamilton	77.63%	Cheshire	74.26%	Hampden	70.47%	Orange	67.50%	Lynn	60.77%		
Bourne	80.11%	Ipswich	77.63%	Dalton	74.26%	Holland	70.47%	Petersham	67.50%	Peabody	60.77%		
Falmouth	80.11%	Manchester	77.63%	Egremont	74.26%	Longmeadow	70.47%	Phillipston	67.50%	Salem	60.77%		
Gosnold	80.11%	Newbury	77.63%	Great Barrington	74.26%	Monson	70.47%	Rowe	67.50%	Worcester	59.83%		
Marion	80.11%	Newburyport	77.63%	Hancock	74.26%	Sturbridge	70.47%	Royalston	67.50%	Chelsea	54.11%		
Mashpee	80.11%	Rockport	77.63%	Hinsdale	74.26%	Wales	70.47%	Savoy	67.50%	Revere	54.11%		
Mattapoisett	80.11%	Rowley	77.63%	Lanesborough	74.26%	West Springfield	70.47%	Shelburne	67.50%	Winthrop	54.11%		