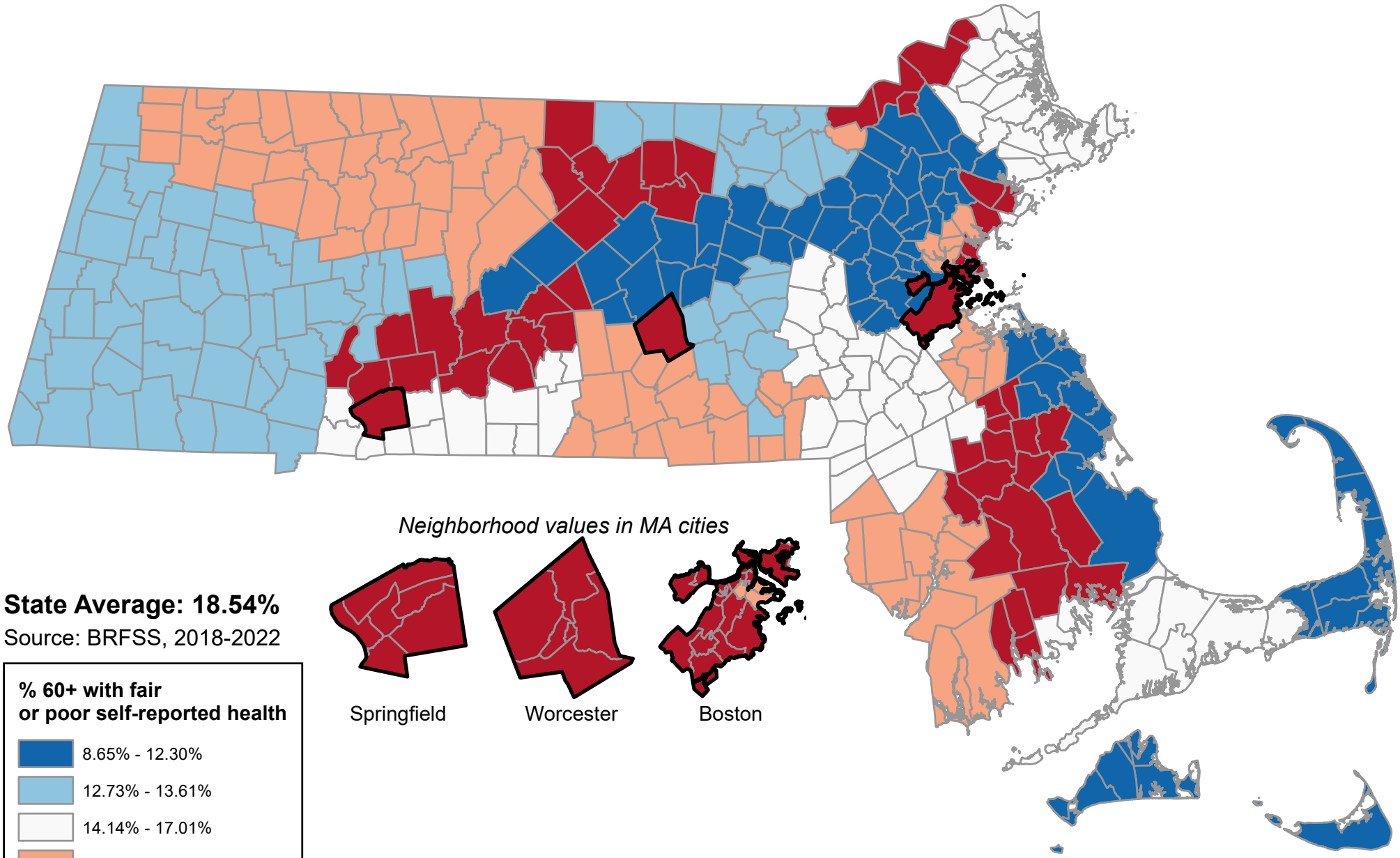
Map 53

Percentage of Persons Age 60+ Years with Fair or Poor Self-Reported Health



State Average: 18.54%

Source: BRFSS, 2018-2022

% 60+ with fair or poor self-reported health

- 8.65% - 12.30%
- 12.73% - 13.61%
- 14.14% - 17.01%
- 18.79% - 20.47%
- 20.72% - 35.56%

Map generated 12/2024 by The Healthy Aging Data Report Team at Gerontology Institute, University of Massachusetts Boston
To see more Healthy Aging Data Reports go to www.healthyagingdatareports.org | Research supported by the Point32Health Foundation

Percentage of Persons Age 60+ Years with Fair or Poor Self-Reported Health

Abington	20.72%
Acton	11.34%
Acushnet	26.88%
Adams	19.02%
Agawam	15.26%
Alford	13.61%
Amesbury	17.01%
Amherst	13.40%
Andover	8.65%
Arlington	10.25%
Ashburnham	13.14%
Ashby	13.14%
Ashfield	19.02%
Ashland	14.72%
Athol	19.02%
Attleboro	20.28%
Auburn	20.47%
Avon	14.14%
Ayer	13.14%
Barnstable	15.75%
Barre	11.67%
Becket	13.61%
Bedford	11.34%
Belchertown	25.42%
Bellingham	20.47%
Belmont	10.25%
Berkley	20.28%
Berlin	11.67%
Bernardston	19.02%
Beverly	17.01%
Billerica	12.30%
Blackstone	20.47%
Blandford	13.40%
Bolton	11.67%
Boston	29.71%
Bourne	15.75%
Boxborough	11.34%
Boxford	17.01%
Boylston	11.67%
Braintree	20.08%
Brewster	9.64%
Bridgewater	20.72%
Brimfield	15.26%
Brockton	14.14%
Brookfield	15.26%
Brookline	10.59%
Buckland	19.02%
Burlington	12.30%
Cambridge	10.25%
Canton	15.08%
Carlisle	11.34%
Carver	20.72%
Charlemont	19.02%
Charlton	20.47%
Chatham	9.64%
Chelmsford	13.14%
Chelsea	30.58%
Cheshire	13.61%
Chester	13.40%
Chesterfield	13.40%
Chicopee	25.42%
Chilmark	9.64%
Clarksburg	19.02%
Clinton	11.67%
Cohasset	10.39%
Colrain	19.02%
Concord	11.34%
Conway	19.02%
Cummington	13.40%
Dalton	13.61%
Danvers	8.65%
Dartmouth	18.88%
Dedham	15.08%
Deerfield	19.02%
Dennis	9.64%
Dighton	20.28%
Douglas	20.47%
Dover	14.72%
Dracut	25.31%
Dudley	20.47%
Dunstable	13.14%
Duxbury	10.39%
East Bridgewater	20.72%
East Brookfield	15.26%
East Longmeadow	15.26%
Eastham	9.64%
Easthampton	13.40%
Easton	15.86%
Edgartown	9.64%
Egremont	13.61%
Erving	19.02%
Essex	17.01%
Everett	18.79%
Fairhaven	26.88%
Fall River	20.28%
Falmouth	15.75%
Fitchburg	22.81%
Florida	19.02%
Foxborough	15.86%
Framingham	14.72%
Franklin	15.86%
Freetown	20.28%
Gardner	22.81%
Aquinnah	9.64%
Georgetown	17.01%
Gill	19.02%
Gloucester	17.01%
Goshen	13.40%
Gosnold	15.75%
Grafton	12.73%
Granby	25.42%
Granville	13.40%
Great Barrington	13.61%
Greenfield	19.02%
Groton	13.14%
Groveland	17.01%
Hadley	13.40%
Halifax	20.72%
Hamilton	17.01%
Hampden	15.26%
Hancock	13.61%
Hanover	10.39%
Hanson	20.72%
Hardwick	11.67%
Harvard	11.34%
Harwich	9.64%
Hatfield	13.40%
Haverhill	25.31%
Hawley	19.02%
Heath	19.02%
Hingham	10.39%
Hinsdale	13.61%
Holbrook	20.08%
Holden	11.67%
Holland	15.26%
Holliston	14.72%
Holyoke	25.42%
Hopedale	20.47%
Hopkinton	12.73%
Hubbardston	22.81%
Hudson	12.73%
Hull	10.39%
Huntington	13.40%
Ipswich	17.01%
Kingston	10.39%
Lakeville	20.72%
Lancaster	11.67%
Lanesborough	13.61%
Lawrence	25.31%
Lee	13.61%
Leicester	20.47%
Lenox	13.61%
Leominster	22.81%
Leverett	19.02%
Lexington	11.34%
Leyden	19.02%
Lincoln	11.34%
Littleton	13.14%
Longmeadow	15.26%
Lowell	19.57%
Ludlow	25.42%
Lunenburg	22.81%
Lynn	23.53%
Lynnfield	8.65%
Malden	18.79%
Manchester	17.01%
Mansfield	15.86%
Marblehead	15.85%
Marion	15.75%
Marlborough	12.73%
Marshfield	10.39%
Mashpee	15.75%
Mattapoisett	15.75%
Maynard	11.34%
Medfield	14.72%
Medford	18.79%
Medway	20.47%
Melrose	18.79%
Mendon	12.73%
Merrimac	25.31%
Methuen	25.31%
Middleborough	20.72%
Middlefield	13.40%
Middleton	8.65%
Milford	20.47%
Millbury	20.47%
Millis	15.86%
Millville	20.47%
Milton	15.08%
Monroe	19.02%
Monson	15.26%
Montague	19.02%
Monterey	13.61%
Montgomery	13.40%
Mount Washington	13.61%
Nahant	15.85%
Nantucket	9.64%
Natick	14.72%
Needham	10.59%
New Ashford	13.61%
New Bedford	35.29%
New Braintree	25.42%
New Marlborough	13.61%
New Salem	19.02%
Newbury	17.01%
Newburyport	17.01%
Newton	10.59%
Norfolk	15.08%
North Adams	19.02%
North Andover	8.65%
North Attleborough	15.86%
North Brookfield	25.42%
North Reading	8.65%
Northampton	13.40%
Northborough	12.73%
Northbridge	20.47%
Northfield	19.02%
Norton	15.86%
Norwell	10.39%
Norwood	15.08%
Oak Bluffs	9.64%
Oakham	25.42%
Orange	19.02%
Orleans	9.64%
Otis	13.61%
Oxford	20.47%
Palmer	25.42%
Paxton	11.67%
Peabody	23.53%
Pelham	13.40%
Pembroke	20.72%
Pepperell	13.14%
Peru	13.61%
Petersham	19.02%
Phillipston	19.02%
Pittsfield	13.61%
Plainfield	13.40%
Plainville	15.86%
Plymouth	10.39%
Plympton	10.39%
Princeton	11.67%
Provincetown	9.64%
Quincy	20.08%
Randolph	20.08%
Raynham	20.72%
Reading	8.65%
Rehoboth	20.28%
Revere	30.58%
Richmond	13.61%
Rochester	20.72%
Rockland	20.72%
Rockport	17.01%
Rowe	19.02%
Rowley	17.01%
Royalston	19.02%
Russell	13.40%
Rutland	11.67%
Salem	23.53%
Salisbury	17.01%
Sandisfield	13.61%
Sandwich	15.75%
Saugus	18.79%
Savoy	19.02%
Scituate	10.39%
Seekonk	20.28%
Sharon	15.08%
Sheffield	13.61%
Shelburne	19.02%
Sherborn	14.72%
Shirley	13.14%
Shrewsbury	12.73%
Shutesbury	19.02%
Somerset	20.28%
Somerville	18.79%
South Hadley	13.40%
Southampton	13.40%
Southborough	12.73%
Southbridge	20.47%
Southwick	13.40%
Spencer	20.47%
Springfield	32.37%
Sterling	11.67%
Stockbridge	13.61%
Stoneham	12.30%
Stoughton	15.86%
Stow	11.34%
Sturbridge	15.26%
Sudbury	14.72%
Sunderland	19.02%
Sutton	20.47%
Swampscott	15.85%
Swansea	20.28%
Taunton	20.28%
Templeton	22.81%
Tewksbury	12.30%
Tisbury	9.64%
Tolland	13.40%
Topsfield	17.01%
Townsend	13.14%
Truro	9.64%
Tyngsborough	13.14%
Tyringham	13.61%
Upton	12.73%
Uxbridge	20.47%
Wakefield	12.30%
Wales	15.26%
Walpole	15.08%
Waltham	10.25%
Ware	25.42%
Wareham	20.72%
Warren	25.42%
Warwick	19.02%
Washington	13.61%
Watertown	10.25%
Wayland	14.72%
Webster	20.47%
Wellesley	10.59%
Wellfleet	9.64%
Wendell	19.02%
Wenham	17.01%
West Boylston	11.67%
West Bridgewater	20.72%
West Brookfield	25.42%
West Newbury	17.01%
West Springfield	15.26%
West Stockbridge	13.61%
West Tisbury	9.64%
Westborough	12.73%
Westfield	13.40%
Westford	13.14%
Westhampton	13.40%
Westminster	22.81%
Weston	10.59%
Westport	18.88%
Westwood	14.72%
Weymouth	20.08%
Whately	19.02%
Whitman	20.72%
Wilbraham	15.26%
Williamsburg	13.40%
Williamstown	13.61%
Wilmington	12.30%
Winchendon	22.81%
Winchester	11.34%
Windsor	13.61%
Winthrop	30.58%
Woburn	12.30%
Worcester	35.56%
Worthington	13.40%
Wrentham	15.86%
Yarmouth	15.75%

Boston

Allston	29.40%
Back Bay	29.40%
Beacon Hill	29.40%
Brighton	29.40%
Charlestown	29.40%
Chinatown	29.40%
Dorchester	31.19%
Downtown	29.40%
East Boston	29.40%
Fenway	29.40%
Hyde Park	29.06%
Jamaica Plain	29.06%
Longwood	29.40%
Mattapan	31.19%
Mission Hill	31.19%
North End	29.40%
Roslindale	29.06%
Roxbury	31.19%
South Boston	20.38%
South Boston Waterfront	20.38%
South End	20.38%
West End	29.40%
West Roxbury	29.06%

Springfield

Bay, McKnight, Old, Upper Hill	32.37%
6 Cor Memo Metro Brightwood S	32.37%
E Springfield Indian Liberty	32.37%
Pine Point Boston Rd	32.37%
E Forest Park 16 Acre	32.37%
Forest Park	32.37%

Worcester

Downtown	35.56%
Central City	35.56%
East Worcester	35.56%
North Worcester	35.56%
South Worcester	35.56%
West Worcester	35.56%

UMass Boston

Point32Health Foundation

In partnership with Harvard Pilgrim Health Care, TUFTS Health Plan

Point32Health companies

Percentage of Persons Age 60+ Years with Fair or Poor Self-Reported Health (Ranked)

Worcester	35.56%	Hopedale	20.47%	Shelburne	19.02%	East Longmeadow	15.26%	Chesterfield	13.40%	Lancaster	11.67%	North Andover	8.65%		
New Bedford	35.29%	Leicester	20.47%	Shutesbury	19.02%	Hampden	15.26%	Cummington	13.40%	Paxton	11.67%	North Reading	8.65%		
Springfield	32.37%	Medway	20.47%	Sunderland	19.02%	Holland	15.26%	Easthampton	13.40%	Princeton	11.67%	Reading	8.65%		
Chelsea	30.58%	Milford	20.47%	Warwick	19.02%	Longmeadow	15.26%	Goshen	13.40%	Rutland	11.67%				
Revere	30.58%	Millbury	20.47%	Wendell	19.02%	Monson	15.26%	Granville	13.40%	Sterling	11.67%	***Boston***			
Winthrop	30.58%	Millville	20.47%	Whately	19.02%	Sturbridge	15.26%	Hadley	13.40%	West Boylston	11.67%	Dorchester	31.19%		
Boston	29.71%	Northbridge	20.47%	Dartmouth	18.88%	Wales	15.26%	Hatfield	13.40%	Acton	11.34%	Mattapan	31.19%		
Acushnet	26.88%	Oxford	20.47%	Westport	18.88%	West Springfield	15.26%	Huntington	13.40%	Bedford	11.34%	Mission Hill	31.19%		
Fairhaven	26.88%	Southbridge	20.47%	Everett	18.79%	Wilbraham	15.26%	Middlefield	13.40%	Boxborough	11.34%	Roxbury	31.19%		
Belchertown	25.42%	Spencer	20.47%	Malden	18.79%	Canton	15.08%	Montgomery	13.40%	Carlisle	11.34%	Allston	29.40%		
Chicopee	25.42%	Sutton	20.47%	Medford	18.79%	Dedham	15.08%	Northampton	13.40%	Concord	11.34%	Back Bay	29.40%		
Granby	25.42%	Uxbridge	20.47%	Melrose	18.79%	Milton	15.08%	Pelham	13.40%	Harvard	11.34%	Beacon Hill	29.40%		
Holyoke	25.42%	Webster	20.47%	Saugus	18.79%	Norfolk	15.08%	Plainfield	13.40%	Lexington	11.34%	Brighton	29.40%		
Ludlow	25.42%	Attleboro	20.28%	Somerville	18.79%	Norwood	15.08%	Russell	13.40%	Lincoln	11.34%	Charlestown	29.40%		
New Braintree	25.42%	Berkley	20.28%	Amesbury	17.01%	Sharon	15.08%	South Hadley	13.40%	Maynard	11.34%	Chinatown	29.40%		
North Brookfield	25.42%	Dighton	20.28%	Beverly	17.01%	Walpole	15.08%	Southampton	13.40%	Stow	11.34%	Downtown	29.40%		
Oakham	25.42%	Fall River	20.28%	Boxford	17.01%	Ashland	14.72%	Southwick	13.40%	Winchester	11.34%	East Boston	29.40%		
Palmer	25.42%	Freetown	20.28%	Essex	17.01%	Dover	14.72%	Tolland	13.40%	Brookline	10.59%	Fenway	29.40%		
Ware	25.42%	Rehoboth	20.28%	Georgetown	17.01%	Framingham	14.72%	Westfield	13.40%	Needham	10.59%	Longwood	29.40%		
Warren	25.42%	Seekonk	20.28%	Gloucester	17.01%	Holliston	14.72%	Westhampton	13.40%	Newton	10.59%	North End	29.40%		
West Brookfield	25.42%	Somerset	20.28%	Groveland	17.01%	Medfield	14.72%	Williamsburg	13.40%	Wellesley	10.59%	West End	29.40%		
Dracut	25.31%	Swansea	20.28%	Hamilton	17.01%	Natick	14.72%	Worthington	13.40%	Weston	10.59%	Hyde Park	29.06%		
Haverhill	25.31%	Taunton	20.28%	Ipswich	17.01%	Sherborn	14.72%	Ashburnham	13.14%	Cohasset	10.39%	Jamaica Plain	29.06%		
Lawrence	25.31%	Braintree	20.08%	Manchester	17.01%	Sudbury	14.72%	Ashby	13.14%	Duxbury	10.39%	Roslindale	29.06%		
Merrimac	25.31%	Holbrook	20.08%	Newbury	17.01%	Wayland	14.72%	Ayer	13.14%	Hanover	10.39%	West Roxbury	29.06%		
Methuen	25.31%	Quincy	20.08%	Newburyport	17.01%	Westwood	14.72%	Chelmsford	13.14%	Hingham	10.39%	South Boston	20.38%		
Lynn	23.53%	Randolph	20.08%	Rockport	17.01%	Avon	14.14%	Dunstable	13.14%	Hull	10.39%	South Boston Waterfront	20.38%		
Peabody	23.53%	Weymouth	20.08%	Rowley	17.01%	Brockton	14.14%	Groton	13.14%	Kingston	10.39%	South End	20.38%		
Salem	23.53%	Lowell	19.57%	Salisbury	17.01%	Alford	13.61%	Littleton	13.14%	Marshfield	10.39%				
Fitchburg	22.81%	Adams	19.02%	Topsfield	17.01%	Becket	13.61%	Pepperell	13.14%	Norwell	10.39%	***Springfield***			
Gardner	22.81%	Ashfield	19.02%	Wenham	17.01%	Cheshire	13.61%	Shirley	13.14%	Plymouth	10.39%	Bay, McKnight, Old, Upper Hill	32.37%		
Hubbardston	22.81%	Athol	19.02%	West Newbury	17.01%	Dalton	13.61%	Townsend	13.14%	Plympton	10.39%				
Leominster	22.81%	Bernardston	19.02%	Easton	15.86%	Egremont	13.61%	Tyngsborough	13.14%	Scituate	10.39%	6 Cor Memo Metro Brightwood So	32.37%		
Lunenburg	22.81%	Buckland	19.02%	Foxborough	15.86%	Great Barrington	13.61%	Westford	13.14%	Arlington	10.25%				
Templeton	22.81%	Charlemont	19.02%	Franklin	15.86%	Hancock	13.61%	Grafton	12.73%	Belmont	10.25%	E Springfield Indian Liberty	32.37%		
Westminster	22.81%	Clarksburg	19.02%	Mansfield	15.86%	Hinsdale	13.61%	Hopkinton	12.73%	Cambridge	10.25%				
Winchendon	22.81%	Colrain	19.02%	Millis	15.86%	Lanesborough	13.61%	Hudson	12.73%	Waltham	10.25%	Pine Point Boston Rd	32.37%		
Abington	20.72%	Conway	19.02%	North Attleborough	15.86%	Lee	13.61%	Marlborough	12.73%	Watertown	10.25%				
Bridgewater	20.72%	Deerfield	19.02%	Norton	15.86%	Lenox	13.61%	Mendon	12.73%	Brewster	9.64%	E Forest Park 16 Acre	32.37%		
Carver	20.72%	Erving	19.02%	Plainville	15.86%	Monterey	13.61%	Northborough	12.73%	Chatham	9.64%				
East Bridgewater	20.72%	Florida	19.02%	Stoughton	15.86%	Mount Washington	13.61%	Shrewsbury	12.73%	Chilmark	9.64%	Forest Park	32.37%		
Halifax	20.72%	Gill	19.02%	Wrentham	15.86%	New Ashford	13.61%	Southborough	12.73%	Dennis	9.64%				
Hanson	20.72%	Greenfield	19.02%	Marblehead	15.85%	New Marlborough	13.61%	Upton	12.73%	Eastham	9.64%				
Lakeville	20.72%	Hawley	19.02%	Nahant	15.85%	Otis	13.61%	Westborough	12.73%	Edgartown	9.64%				
Middleborough	20.72%	Heath	19.02%	Swampscott	15.85%	Peru	13.61%	Billerica	12.30%	Aquinnah	9.64%	***Worcester***			
Pembroke	20.72%	Leverett	19.02%	Barnstable	15.75%	Pittsfield	13.61%	Burlington	12.30%	Harwich	9.64%	Downtown	35.56%		
Raynham	20.72%	Leyden	19.02%	Bourne	15.75%	Richmond	13.61%	Stoneham	12.30%	Nantucket	9.64%	Central City	35.56%		
Rochester	20.72%	Monroe	19.02%	Falmouth	15.75%	Sandisfield	13.61%	Tewksbury	12.30%	Oak Bluffs	9.64%	East Worcester	35.56%		
Rockland	20.72%	Montague	19.02%	Gosnold	15.75%	Sheffield	13.61%	Wakefield	12.30%	Orleans	9.64%	North Worcester	35.56%		
Wareham	20.72%	New Salem	19.02%	Marion	15.75%	Stockbridge	13.61%	Wilmington	12.30%	Provincetown	9.64%	South Worcester	35.56%		
West Bridgewater	20.72%	North Adams	19.02%	Mashpee	15.75%	Tyringham	13.61%	Woburn	12.30%	Tisbury	9.64%	West Worcester	35.56%		
Whitman	20.72%	Northfield	19.02%	Mattapoisett	15.75%	Washington	13.61%	Barre	11.67%	Truro	9.64%				
Auburn	20.47%	Orange	19.02%	Sandwich	15.75%	West Stockbridge	13.61%	Berlin	11.67%	Wellfleet	9.64%				
Bellingham	20.47%	Petersham	19.02%	Yarmouth	15.75%	Williamstown	13.61%	Bolton	11.67%	West Tisbury	9.64%				
Blackstone	20.47%	Phillipston	19.02%	Agawam	15.26%	Windsor	13.61%	Boylston	11.67%	Andover	8.65%				
Charlton	20.47%	Rowe	19.02%	Brimfield	15.26%	Amherst	13.40%	Clinton	11.67%	Danvers	8.65%				
Douglas	20.47%	Royalston	19.02%	Brookfield	15.26%	Blandford	13.40%	Hardwick	11.67%	Lynnfield	8.65%				
Dudley	20.47%	Savoy	19.02%	East Brookfield	15.26%	Chester	13.40%	Holden	11.67%	Middleton	8.65%				

Questions ?
Beth.dugan@umb.edu