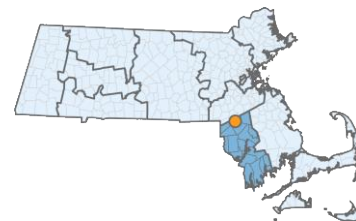


Mansfield (Bristol)

Mansfield is a town in Bristol County with 3,397 residents aged 65 and older. Compared to state average rates, older residents in Mansfield have lower rates of anemia, benign prostatic hyperplasia, cataract, chronic kidney disease, glaucoma, ischemic heart disease, and depression. Community resources to support healthy aging include an adult day health center, a COA, a home health agency, a public library, one assisted living facility, and three primary care providers. Mansfield is a Dementia-Friendly Community.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		23,831	6,984,205
Population 60 years or older as % of total population		21.2%	23.8%
Total population 60 years and older		5,046	1,661,076
Population 65 years or older as % of total population		14.3%	17.1%
Total population 65 years and older		3,397	1,195,589
% 65-74 years		66.6%	58.4%
% 75-84 years	*	20.5%	28.1%
% 85 years or older		12.9%	13.4%
% 65+ population who are female		59.4%	56.2%
% 85+ population who are female		79.7%	66.6%
Race and ethnicity of the population 65+			
% White	*	93.3%	86.3%
% African American	*	0.9%	4.4%
% Asian		2.8%	4.0%
% Other race(s)		3.0%	5.3%
% Hispanic	*	0.0%	4.8%
# 55+ who are Native American / Alaskan		21	3,537
Marital status of the population 65+			
% married		53.1%	54.0%
% divorced/separated		19.6%	15.8%
% widowed		21.8%	21.1%
% never married		5.4%	9.0%
Education of the population 65+			
% with less than high school education	*	4.6%	12.7%
% with high school or some college	*	57.5%	50.3%
% with college degree		22.1%	18.1%
% with graduate or professional degree		15.9%	18.9%
% 65+ population who speak only English at home	*	96.7%	83.1%
% 65+ population who are veterans of military service		10.5%	12.7%
% 60+ LGBT		4.4%	3.5%

POPULATION CHARACTERISTICS

	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone		25.1%	28.1%
Average household size (all ages)	*	2.7	2.5
Median house value (all ages)	*	\$540,100	\$483,900
% 60+ own home	*	80.5%	72.9%
% 60+ homeowners who have mortgage		50.2%	46.8%
% 65+ households (renter) spend >35% of income on housing		35.8%	43.6%
% 65+ households (owner) spend >35% of income on housing		19.9%	27.3%
% grandparents who live with grandchildren		3.3%	2.8%
# of assisted living sites		1	275

SOCIAL DETERMINANTS OF HEALTH

COST OF LIVING

Elder Index			
Single, homeowner without mortgage, good health (County)	0.96	\$29,316	\$30,552
Single, renter, good health (County)	0.85	\$32,688	\$38,580
Couple, homeowner without mortgage, good health (County)	0.99	\$44,196	\$44,520
Couple, renter, good health (County)	0.87	\$47,568	\$54,548

ECONOMIC

% 60+ receiving food stamps in past year		10.9%	13.3%
% 65+ employed in past year		22.7%	22.0%
% 65+ with income below the poverty line in past year	*	4.6%	9.9%
Median annual income for households with a householder age 65+		\$80,357	\$61,624
% 65+ households with annual income < \$20,000	*	7.8%	17.1%
% 65+ households with annual income \$20,000-\$49,999	*	15.1%	25.3%
% 65+ households with annual income \$50,000-\$99,999		34.7%	26.7%
% 65+ households with annual income \$100,000+	*	42.5%	31.0%

WELLNESS

% 60+ getting the recommended hours of sleep		61.4%	63.1%
% 60+ doing any physical activity in past month		75.2%	72.8%
% 60+ met CDC guidelines for muscle-strengthening activity		30.1%	25.8%
% 60+ met CDC guidelines for aerobic physical activity		48.1%	53.9%
% 60+ with fair or poor self-reported health status		15.9%	18.5%
% 60+ with 15+ physically unhealthy days in past month		10.1%	13.1%

COMMUNITY

Annual # unhealthy days due to air pollution for 65+ (County)		2	NA
AARP Age-Friendly Communities		Not yet	Yes
Dementia Friendly Communities		Yes	Yes
# of public universities and community colleges		0	124
# of public libraries		1	455
# of Councils of Aging (COAs)		1	350
# of Osher Lifelong Learning Institutes (OLLI)		0	4
% households with a smartphone (all ages)	*	92.9%	87.6%
% households with only a smartphone to access the Internet (all ages)		4.0%	6.4%

SOCIAL DETERMINANTS OF HEALTH

	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)	*	2.1%	5.7%
% households with access to Broadband (all ages)	*	94.8%	90.7%
% households without access to the Internet (all ages)	*	5.1%	9.2%
% 60+ who used Internet in past month		77.7%	70.6%
Voter participation rate in 2020 election (age 18+)		79.4%	80.8%
Homicide rate/100,000 persons (County)		2.1	2.3
# firearm fatalities (all ages) (County)		123	1267
# 65+ deaths by suicide (County)		44	527
Age-sex adjusted 1-year mortality rate		3.9%	3.9%
TRANSPORTATION			
% householders 65+ who own a motor vehicle	*	91.9%	84.2%
% 60+ who always drive or ride wearing a seatbelt		89.1%	85.9%
% 60+ drove under influence		NA	1.3%
# fatal crashes involving adult age 60+ (County)		54	545
AllTransit Score		5.00	2.93
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year		26.4%	26.6%
% 60+ who were injured by a fall in past year		12.2%	10.1%
% 65+ with hip fracture		3.9%	3.2%
PREVENTION			
% 60+ with physical exam/check-up in past year		92.6%	89.8%
% 60+ flu shot in past year		72.7%	67.6%
% 60+ with pneumonia vaccine		67.4%	61.7%
% 60+ with shingles vaccine		37.2%	46.3%
% 60+ women with mammogram in past 2 years		75.9%	79.9%
% 60+ had colorectal cancer screening		61.4%	62.4%
% 60+ with optimal preventive health		24.1%	26.1%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		17.4%	16.3%
% 60+ self-reported obese	W	36.5%	27.8%
% 65+ with high cholesterol		75.6%	75.9%
% 60+ with high cholesterol screening		96.2%	96.3%
ORAL HEALTH			
% 60+ with annual dental exam		77.9%	74.9%
# dentists per 100,000 persons (all ages) (County)		49.6	69.0
% 60+ with loss of 6+ teeth		29.7%	28.2%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		12.6%	12.9%
% 65+ with anemia	B	39.4%	43.1%
% 65+ with asthma		13.2%	13.9%
% 65+ with atrial fibrillation		14.3%	15.2%
% 65+ with benign prostatic hyperplasia (men)	B	38.1%	42.6%
% 65+ with breast cancer (women)		12.6%	11.6%
% 65+ with cataract	B	60.1%	64.3%
% 65+ with chronic kidney disease	B	31.7%	34.3%
% 65+ with chronic obstructive pulmonary disease		19.0%	19.1%
% 65+ with colon cancer		2.7%	2.4%
% 65+ with congestive heart failure		18.3%	19.6%
% 65+ with diabetes		27.8%	28.6%
% 65+ with endometrial cancer (women)		1.7%	2.2%
% 65+ with fibromyalgia, chronic pain, and fatigue		35.4%	37.2%
% 65+ with glaucoma	B	22.2%	25.3%
% 65+ ever had a heart attack		4.7%	4.6%
% 65+ with HIV/AIDS		0.18%	0.30%
% 65+ with hypertension		73.6%	72.9%
% 65+ with ischemic heart disease	B	34.1%	37.1%
% 65+ with liver disease		11.1%	12.2%
% 65+ with lung cancer		1.6%	2.1%
% 65+ with migraine and other chronic headache		7.0%	8.0%
% 65+ with osteoarthritis or rheumatoid arthritis		55.3%	55.5%
% 65+ with osteoporosis		18.7%	20.1%
% 65+ with peripheral vascular disease		18.5%	18.1%
% 65+ with pressure ulcer or chronic ulcer		8.3%	7.8%
% 65+ with prostate cancer (men)		13.2%	13.6%
% 65+ with stroke		10.2%	11.2%
% 65+ with 4+ (out of 15) chronic conditions		58.6%	60.4%
% 65+ with 0 chronic conditions		7.5%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		1,387	11,845
% 65+ with substance use disorder		9.3%	9.4%
% 60+ excessive drinking		7.9%	10.9%
% 65+ with tobacco use disorder		10.8%	12.3%
% 60+ current smokers		11.5%	8.9%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in past month		8.3%	8.4%
% 65+ with depression	B	31.5%	34.6%
% 65+ with anxiety disorder		32.8%	33.0%
% 65+ with post-traumatic stress disorder		2.4%	3.0%
% 65+ with schizophrenia & other psychotic disorder		4.0%	4.0%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		10.9%	12.3%
% 65+ with self-reported vision difficulty		5.7%	4.8%
% 65+ with self-reported cognition difficulty		6.5%	7.5%
% 65+ with self-reported ambulatory difficulty	*	11.9%	18.6%
% 65+ with self-reported self-care difficulty		5.0%	7.3%
% 65+ with self-reported independent living difficulty		9.6%	13.2%
CAREGIVING			
# of Alzheimer's support groups		0	25
% grandparents raising grandchildren		0.37%	0.66%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid	*	9.4%	17.1%
% 65+ Medicare managed care enrollees	*	25.1%	30.5%
% 60+ with a regular doctor		96.1%	96.5%
% 60+ who did not see a doctor when needed due to cost		4.0%	3.9%
# of primary care providers		3	8,899
# of hospitals		0	79
# of home health agencies		1	269
# of skilled nursing facilities		0	352
# of hospice agencies		0	76
# of community health centers		0	215
# of adult day health centers		1	143
SERVICE UTILIZATION			
# physician visits per year	*	7.7	7.3
# emergency room visits/1000 persons 65+ years annually		546.0	558.8
# Part D monthly prescription fills per person annually		54.0	53.5
# home health visits annually		3.2	2.9
# durable medical equipment claims annually		1.9	1.9
# inpatient hospital stays/1000 persons 65+ years annually		275.4	251.7
% Medicare inpatient hospital readmissions (as % of admissions)		21.7%	18.2%
# skilled nursing facility stays/1000 persons 65+ years annually		71.8	72.9
# skilled nursing home Medicare beds/1000 persons 65+ years		0.0	33.7
% 65+ getting Medicaid long term services and supports	*	2.1%	3.4%
% 65+ hospice users		3.0%	2.8%
% 65+ hospice users as % of decedents		51.7%	44.0%

NOTES

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Massachusetts Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Massachusetts Department of Public Health (MDPH) (Behavioral Risk Factor Surveillance Survey (BRFSS)), 2010-2022.*
- *Housing: ACS, 2018-2022; Mass.gov, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; Dementia Friendly Massachusetts, 2023; Massachusetts Executive Office of Elder Affairs (EOEA), 2023; NECHE, 2023; OLLI, 2023; MA State Library, 2023; MA Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; Massachusetts Executive Office of Health and Human Services (HHS), 2023.*
- *Service Utilization: CMS, 2020-2021.*

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Suggested citation: Dugan E, Lee CM, Jansen T, Su YJ, Silverstein NM, & Song Q. (2025). The Massachusetts 2025 Healthy Aging Data Report. Retrieved from www.healthyagingdatareports.org

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