

JCHE

Bringing *Generations Together* to Foster Healthy Aging



Generations Together

Our program brings younger and older generations together to engage in meaningful relationships. We create opportunities for older adults to build friendships, reduce isolation and contribute to their community.



Recent Awards

- LeadingAge of Massachusetts 2013 Community Service Award
- 2013 Innovation in Service Coordination Award Second Place, Sponsored by Critical Signal Technologies

JCHE's Mission

Jewish Community Housing for the Elderly provides affordable, supportive housing for 1,450 low-income older adults living in Boston, Newton and Framingham.



Sampling of Programs

- Games, crafts and exercise with preschoolers
- Email pen-pal program with fourth graders
- Discussion groups with middle school students
- Collaboration with Tufts University Medical School in training of first year medical students



Here's what JCHE residents say:

"It gives me a reason to live."

"I love being busy." GT helps make for "a meaningful life."

"These programs become a part of your life that you love."

"I like to contribute something of myself. I'm an asset."

"Children make me feel young."

"This is one of the nicest things that I've been a part of."

"I feel a sense of satisfaction."

Generations Together receives generous support from **TUFTS**  **Health Plan**
FOUNDATION