

## *Building a Movement for an Age-Friendly Massachusetts*

### WHY IT'S IMPORTANT

Across the nation and around the globe, a major demographic shift is taking place. By 2020, adults age 65 and over will outnumber children under five among the global population for the first time. This has significant implications for how we live and work.

Here in Massachusetts, this shift is well underway and community leaders face critical decisions for how to move forward. Many leaders are already using an age-friendly lens to identify ways to promote healthy aging and enhance life for all residents.

**FACT: For the first time in the history of our country, the population over age 60 is growing faster than the population under age 18.**

### WHO WE ARE

A group of more than 100 agencies and organizations committed to advancing healthy aging and age-friendly communities throughout the state, the Massachusetts Healthy Aging Collaborative promotes policies and practices that are inclusive, relevant, and enhance the quality of life for people of all ages.

**FACT: In many Commonwealth cities and towns, adults over 65 already outnumber children 5 and younger.**

### HOW WE HELP YOU

Visit our website ([www.mahealthyagingcollaborative.org](http://www.mahealthyagingcollaborative.org)) to access the Age-Friendly Community Checklist, Age-Friendly Tool Kit, and the Massachusetts Healthy Aging Data Report. These tools will help you start conversations in your community and begin planning for an age-friendly future.

You will also find links to the AARP, Dementia-Friendly Massachusetts Initiative, the Executive Office of Elder Affairs, and others who offer additional age-friendly resources.

**FACT: By 2030, more than one-quarter of the Massachusetts population will be 60 years or older.**

### LEARN MORE

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**Dementia Friendly Massachusetts Initiative**  
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**Executive Office of Elder Affairs**  
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### EXECUTIVE COMMITTEE

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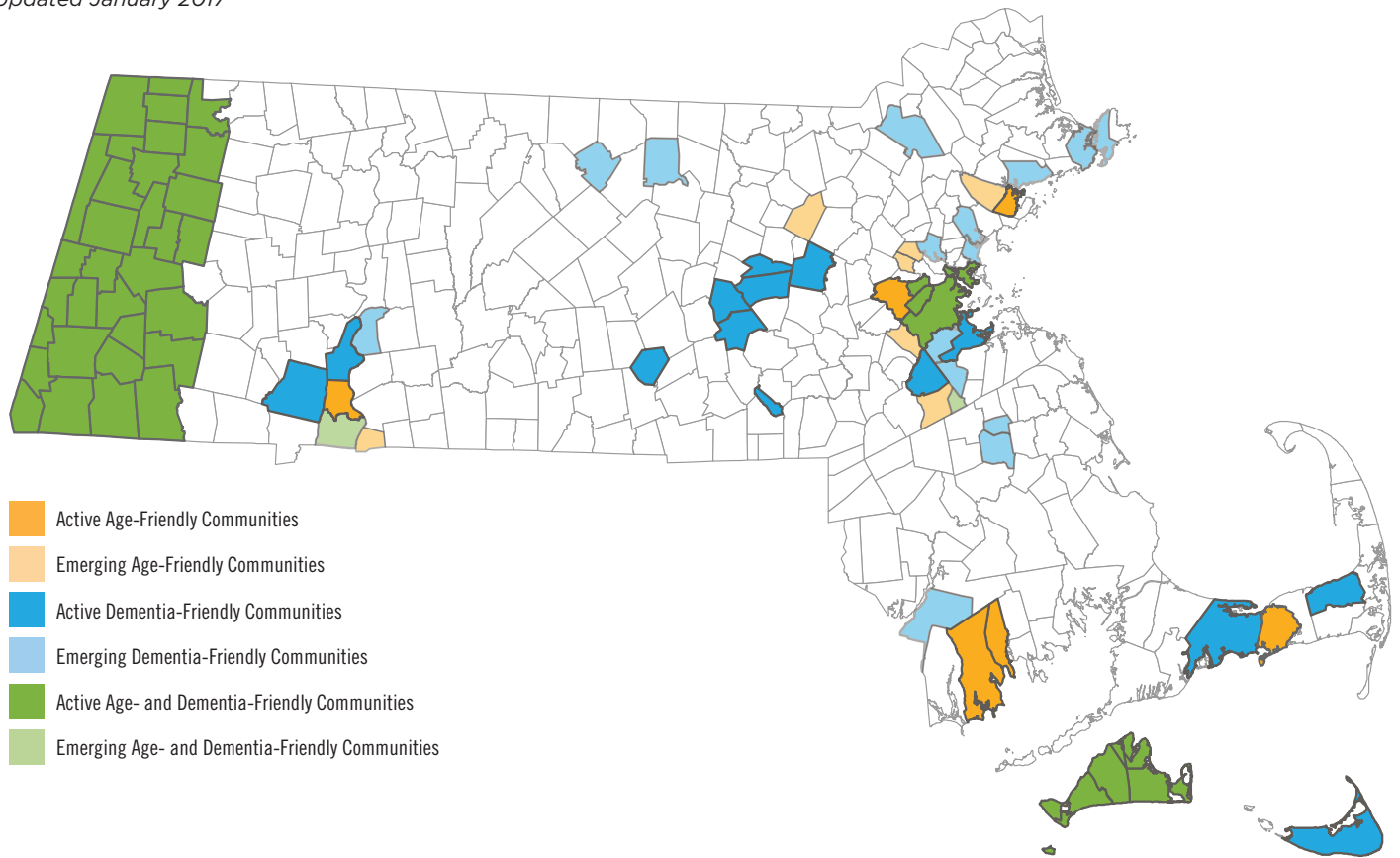
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AARP MA

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Massachusetts Councils on Aging

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# Age-Friendly and Dementia-Friendly Initiatives in Massachusetts

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## Active Age-Friendly\*

Boston  
 Brookline  
 Dartmouth  
 Martha's Vineyard Region  
 New Bedford  
 Newton  
 Berkshire Region  
 Salem  
 West Springfield  
 Yarmouth

## Emerging Age-Friendly

Acton  
 Agawam  
 Arlington  
 Avon  
 Belmont  
 Dedham  
 Longmeadow  
 Peabody  
 Quincy  
 Stoughton

## Active Dementia-Friendly

Auburn  
 Boston  
 Brookline  
 Canton  
 Cape Cod & Islands Region  
 Holyoke  
 Hopedale  
 Hudson  
 Marlborough  
 Martha's Vineyard Region  
 Berkshire Region  
 Northborough  
 Quincy  
 Sudbury  
 Westborough  
 Westfield

## Emerging Dementia-Friendly

Agawam  
 Andover  
 Avon  
 Beverly  
 East Bridgewater  
 Fall River  
 Fitchburg  
 Gardner  
 Gloucester/Cape Ann  
 Medford  
 Milton  
 Newton  
 Randolph  
 Revere  
 Saugus  
 South Hadley  
 Whitman

*\*Many Massachusetts towns and cities work with AARP or the World Health Organization to achieve the Age-Friendly Community designation. Other towns work on their own to integrate age-friendly in all policies and practices.*