



**Age-Friendly  
University**

Supporting Active and  
Healthy Ageing

# Age-Friendly University (AFU) Initiative

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**MA Healthy Aging Collaborative Advisory Council**  
**Joann M. Montepare, Lasell College**

**April 25, 2017**

# The AFU Journey...

**MONDAY JUNE 8, 2015**  
**TALK OF AGES SUMMIT**



A vision for aging education and age-friendly campuses in Massachusetts

Join fellow educators to discuss the implications of age demographics in Massachusetts higher education, learn new strategies for integrating aging content and intergenerational activities into your courses, and help to shape a vision for aging education and age-friendly campuses in our state.

*Sponsored by a grant from the APS Fund for Teaching and Public Understanding of Psychological Science*

**RSVPs and Sponsorship Opportunities**  
contact [jmontepare@lasell.edu](mailto:jmontepare@lasell.edu)

**LASELL COLLEGE**

**Registration 8am**

**Speakers**  
Susan Krauss Whitbourne, PhD  
Professor of Psychology  
UMass-Amherst  
Nina Silverstein, PhD  
Professor of Gerontology  
UMass-Boston  
Barbara Vacarr, PhD  
Director, Higher Education Initiative Encore.org  
Joann M. Montepare, PhD  
Professor of Psychology  
Lasell College

**Workshops - Networking Circles**  
**Town Hall Meeting**  
**Reception 4pm**

**HOSTED BY THE ROSEMARY B. FUSS CENTER FOR RESEARCH ON AGING AND INTERGENERATIONAL STUDIES**  
Lasell College  
Newton, MA 02466





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Supporting Active and  
Healthy Ageing

- Dublin City University (Ireland)**
- Arizona State University (USA)**
- Lasell College (USA)**
- University of Massachusetts, Boston (USA)**
- Central Connecticut State University (USA)**
- University of Manitoba (Canada)**
- National College of Ireland Docklands**
- University of Galway (Ireland)**
- Leeds Beckett University (England)**
- University of Canberra (Australia)**
- Strathclyde University Glasgow (Scotland)**
- University of Pai Chai (South Korea)**



# **Age-Friendly University (AFU) Pillars**

- 1. Research and Innovation**
  - 2. Teaching and Learning**
  - 3. Lifelong Learning**
  - 4. Intergenerational Learning**
  - 5. Encore Careers and Enterprise**
  - 6. Civic Engagement**
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# Age-Friendly University (AFU) Principles

1. To encourage the participation of older adults in all the **core activities** of the university, including educational and research programs.
2. To promote personal and career development in the second half of life and to support those who wish to pursue **second careers**.
3. To recognize the **range of educational needs** of older adults (from those who were early school-leavers through to those who wish to pursue Master's or PhD qualifications).
4. To promote **intergenerational learning** to facilitate the reciprocal sharing of expertise between learners of all ages.
5. To widen access to **online educational opportunities** for older adults to ensure a diversity of routes to participation.
6. To ensure that the university's **research agenda** is informed by the needs of an ageing society and to promote public discourse on how higher education can better respond to the varied interests and needs of older adults.
7. To increase the understanding of students of the **longevity dividend** and the increasing complexity and richness that aging brings to our society.
8. To enhance access for older adults to the university's range of **health and wellness** programs and its **arts and cultural activities**.
9. To engage actively with the university's own **retired community**.
10. To ensure regular **dialogue** with organizations representing the interests of the aging population.

## Questions for us to explore...

- How do age-friendly communities and age-friendly universities complement each other?
  - How can local institutions better support local communities in their age-friendly efforts?
  - What are the challenges and barriers to these efforts/relationships?
  - If you could suggest one thing that local institutions in your community could do to be more age-friendly, what would it be?
  - How can we encourage more colleges and universities in MA to join the AFU initiative?
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# Thank you...questions, comments, information?

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