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Dear Consumer:

We are pleased to make available the *2017 Guide of Villages and Similar Aging in Community Models*.

The mission of the Executive Office of Elder Affairs is to promote the independence, empowerment, and well-being of older adults, individuals with disabilities, and their caregivers. Our vision is that older adults and individuals with disabilities will have access to the resources they need to live well and thrive in every community of the Commonwealth. One priority within this mission is to promote aging in place, also known as aging in community. The Center for Disease Control defines aging in place as “the ability to live in one’s own home and community safely, independently, and comfortably, regardless of age, income, or ability level.” Our goal is to enable older adults and individuals with disabilities to remain in their homes and neighborhoods.

In order to achieve this goal, we support a variety of models that enable older adults to age in community. Villages and similar associations are examples of such models. We hope you find this Guide helpful as you begin to explore community efforts that may help you remain in your home.

Included in this Guide is a listing of the Villages that currently exist in Massachusetts; however, we recognize that more communities are implementing similar models each day and we will update this document when possible. If you have any questions or comments about the Guide or elder services in general, please contact the Executive Office of Elder Affairs at 1-800-AGE-INFO or visit the Elder Affairs’ website at www.mass.gov/elders.

2017 Resource Guide of Villages and Similar Aging in Community Models



**Executive Office of Elder Affairs
One Ashburton Place
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This document is available on alternative formats upon request.

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Introduction

The Commonwealth's population is aging at a faster rate than ever before and cities and towns are beginning to feel the impact of this demographic shift. It is estimated that by 2030, 1 out of every 5 people will be age 65 or older.¹ As they age, the majority of people wish to stay in their home and community.² Aging in place, or community, allows older adults to remain close to their friends and family, familiar doctors, stores, and more.

Communities across the Commonwealth have taken innovative approaches to enabling older adults to make this choice. Various models exist to support aging in place, including Villages and other associations. While there may be similarities, each Village is tailored to its community's specific needs and dynamics. For example, a Village in a rural area may choose to focus on transportation as the main service, while a more urban community may choose to focus on social events.

This guide provides an overview of the various types of aging in community models, focusing on Villages and similar "at home" associations. Although they share similar elements, this guide highlights the subtle, yet significant, differences among these different models. Each initiative is described in detail, along with contact information in order to learn more about each program. Appendix A includes a directory of each Village in Massachusetts. Some communities use the terms such as "At-Home Association" or "Neighbor Network" instead of "Village" to distinguish the program as a volunteer-run model as compared to a model with paid staff. Note that for purposes of this Guide, we use the term "Villages" to refer to all established community models.

Age-Friendly Communities

In 2006, the World Health Organization (WHO) launched [the Age-Friendly Cities and Communities Program](#). As a result, through the Global WHO Network, many communities have now established themselves as Age-Friendly Cities. According to WHO, "An Age-Friendly City encourages active ageing by optimizing opportunities for health, participation and security in

¹ Tufts, Massachusetts Healthy Aging Data Report, 2015;

² According to a 2014 review from AARP, 87% of people age 65+ and 71% of people age 50 to 64(AARP, What is Livable? Community Preferences for Older Adults, 2014. Retrieved from <http://www.ifa-fiv.org/wp-content/uploads/2014/07/what-is-livable-report-AARP-ppi-liv-com.pdf>)

order to enhance quality of life as people.”³ In the United States, communities who join the affiliated program - [AARP Network of Age-Friendly Communities](#) - commit to providing the opportunity for older adults to live fulfilling, productive, and healthy lives in their community, regardless of its size.



Source: WHO. Global Age-friendly Cities: A Guide. 2007

In Massachusetts, more than 20 cities and towns have commitments from their municipal leadership to becoming more Age-Friendly through a process of continuous improvement. Nearly 60 communities are “emerging” in the process, which points to a municipal employee(s) or task force that is working actively on deciding what path the community may take. Communities may apply to AARP and/or the World Health Organization to be formally recognized for such actions.

As grassroots initiatives that promote aging in community, Villages is one approach towards meeting the goals of an Age-Friendly Community.

More information about the Age-Friendly Cities and Communities Program and similar goals in Massachusetts can be found online from [the Massachusetts Healthy Aging Collaborative](#).

³ WHO, Global Age-friendly Cities: A Guide, 2007. Retrieved from: http://apps.who.int/iris/bitstream/10665/43755/1/9789241547307_eng.pdf

What is a Village?

Villages are membership-driven, grass-roots, community organizations. They often start informally with community members coming together to conceptualize a way of helping each other. Some communities maintain this ad-hoc model, creating a more loosely structured network while others establish a formal nonprofit with paid staff. While often focused on older adults, some Villages serve a broader group of people. The beauty of this model is its uniqueness – allowing each community to envision and create the structure that works for the needs of the members.

The Village Movement began in 2002, with the establishment of Beacon Hill Village, and grew rapidly to over 150 Villages operating nationwide. There are currently 16 Villages in Massachusetts with at least 4 more in development.

Different Models

Villages utilize a variety of different designs, based on what best fits the community. Three of the most common models include:

- **Volunteer-Run:** In this model, the volunteers, often members themselves, coordinate services for members, operate the telephone lines, and address all aspects of managing the program.
- **Paid Staff:** Sometimes referred to as the “concierge” model, many Villages operate with paid staff, either part or full-time, varying in the number of staff. Paid-staff often oversee administrative aspects of the Village and coordinate volunteers who provide the services to members. In this model, the Village usually establishes a nonprofit agency to handle the administration, financial, and staffing functions.
- **Hub and Spoke:** This model consists of a central “hub” organization and several “spokes,” which are the distinct area Villages. The core often a nonprofit organization and financial sponsor of the Villages. Each Village typically serves a wider area than

Note that for purposes of this Guide, we use the term “Villages” to refer to all established community models.

those run by volunteers or paid staff and coordinates manpower and financial resources with its “hub” organization.

Many Villages have combined elements of each of these models to put in place a program that works best for a specific community. In Massachusetts there are 6 Villages that are volunteer-run and 10 that use the paid-staff model. Some communities use the terms such as “At-Home Association” or “Neighbor Network” instead of “Village” to distinguish the program as a volunteer-run model as compared to a model with paid staff.

Regardless of whether there is paid staff, most Villages also have a Board of Directors elected by Village members that handles day-to-day coordination.

Core Services

Villages promote independent living by providing resources, services, and social engagement opportunities for community residents. The range of resources and services available depend on the needs and desires of the Village members, but usually fall into 3 broad categories:

- **Information and Referral Services:** Referrals to existing community services that members may want to access, such as resources through an elder service agency, senior center or Council on Aging.
- **Assistance in Living:** Services in this category are those which support and ease aging for members. Typical services include transportation, home maintenance, and personal assistance. Some villages arrange for discounts with certain providers and/or maintain a list of pre-vetted agencies that have been recommended by members.
- **Community Events:** To increase social connectedness and combat social isolation, Villages offer frequent social activities for members. Examples of such programs include interest groups, cultural events, and wellness programs.

Villages also provide links and discounts to resources within the community. For example, Wellesley Neighbors has a partnership with Wellesley College in which Village members are given access to the College Club as part of their membership. In addition to specific partnerships, Villages refer members to local nonprofits, senior center, and government entities that offer services of interest to members. Overall, Villages strive to fill a gap in services available and accessible in the community while leveraging existing resources.

Membership

The Village concept is based on a membership model, requiring enlisted members to pay annual dues and/or agree to volunteer. The cost of membership dues varies greatly depending on the model of the Village. If a Village has paid staff, dues tend to be higher than those that are completely run by volunteers. Dues of the existing Massachusetts Villages range from \$25 to \$1,300 per year.

Available membership options are often divided into individual and household memberships, and most Villages offer some sort of a subsidized memberships. In addition, some Villages offer social memberships; social memberships offer members opportunities to engage with the community and social events of Villages, such as a lecture series or wellness classes, without use of all the services.

Villages are not income-based models; nevertheless, the dues tend to attract those in higher socio-economic groups. However, Villages often work with local Councils on Aging and other community elder service organizations to ensure broad accessibility.

Benefits of the Village Model

Villages are an emerging promising practice and there is little long-term statistical research that has been done to show the efficacy of the model. Most studies have focused on describing the services offered. However, qualitative reports from Village members document that members experience improved health, reduced social isolation, and increased self-confidence of aging in place.

As grass-roots organizations, Villages empower members to take charge of their social and health services and create the type of community in which they want to live. Accordingly, members are often younger, more financially secure and less functionally impaired. As members often join Villages in good health, additional research is necessary to further understand the health and long-term impacts of Villages.

What is a NORC?

Many people use the term NORC, or Naturally Occurring Retirement Community, to refer to a Village, but they are different concepts. Both models share the goal of assisting older residents to age in community, but a NORC has a very specific definition. Created in 1984 by Michael Hunt, NORCs are any geographic area not originally built for older adults that organically has become comprised of a large number of residents aged 60 or older.

NORCs may be found vertically, horizontally, or regionally based within rural areas. Vertical NORCs (also referred to as “closed” NORCs) are housing-based and typically found in apartment complexes. On the other hand, horizontal, or “open,” NORCs are neighborhood-based and encompass communities of single- or two-family homes. NORCs in rural areas, also known as NORRs (Naturally Occurring Retirement Regions), cover large geographic areas also consisting of single- or two-family homes.

NORCs evolve as people decide to remain in their house and age in community, older adults move into the community, and younger adults move out of the community. The first reported NORCs were developed in 1986 at the Penn South Houses in New York City. At that time, the label of NORC simply denoted an observation of the demographic age range of residents. Due to the rise in areas with a large percentage of older adults, programs began to develop around NORCs. Most people now use the term NORC to refer to the programmatic aspect, rather than the demographic designation.

Through a variety of services, NORCs strive to maximize accessibility and affordability of services to older residents. NORCs develop through a collaboration of outside agencies, typically a nonprofit organization, housing agency or neighborhood association, and local government and service providers. The older adult residents act as partners in governing the NORC. NORCs provide residents with social and health-related services, which are often administered on-site and cater to the unique needs of the residents. Traditional health, social services, and community engagement programs are core to a NORC’s services, including:

- Case Management
- Emergency or General Home Care
- Transportation
- Mental Health Services
- Meals
- Informal Support

NORCs receive the majority of their funding from the public-private partnerships and are supported by paid staff through a coordinating organization. Residents served by NORCs tend to be low- or moderate-income, older and with more functional impairments.

NORC Activity in Massachusetts

The Executive Office of Elder Affairs supports the development and continued success of NORCs throughout the Commonwealth with the following agencies:

Ethos: AgeWell West Roxbury

555 Armory Street
Jamaica Plain, MA 02130
Tel: 617-522-6700
www.ethocare.org

Jewish Family Service Metro-West: Elder Care Solutions, Health Partners

475 Franklin Street, Suite 101
Framingham, MA 01702
Tel: 508-875-3100
<http://jfsmweldercare.org/>

Jewish Family & Children Services: Aging Well at Home

1430 Main Street
Waltham, MA 02451
Tel: 781-648-5327
www.jfcsboston.org/Our-Services/Older-Adults/Aging-Well-at-Home

Jewish Family Service of Western Massachusetts: Elder Care

15 Lenox Street
Springfield, MA 01108
Tel: 413-737-2601
www.jfswm.org/older-adults

Comparison of Villages and NORCs

	NORCs	“Concierge” Village*	All-Volunteer Village
Typical participants	Low-income older adults at risk of not being able to age in place	Higher-income older adults who are relatively healthy	Older adults who have capacity and interest for mutual support
Staffing	More paid staff, fewer volunteer investments	Paid staff provide or find services for members; volunteers also involved	Member-to-member, mutual support network
Scope	Services and activities may be expansive, including healthcare and social services	Services and activities may be more expansive due to size of membership and involvement of paid staff	Services and activities are limited by size and determined by interests of membership and volunteer basis
Funding	Largely through grants and contracts from the government, foundations, and corporations. Low membership fees.	Largely through membership fees, which can be high, supplemented with grants and donations.	Largely through membership fees, which are typically low.

*“Concierge” refers to Villages with paid staff

Source: Jan Mutchler, *Goals for Aging and the Village Movement*. 2017.

Frequently Asked Questions

1. I am interested in joining an existing Village, what should I do?

Reach out to the Village in your community and discuss options for membership. Some questions to consider include membership dues, services available, and community involvement.

2. I am healthy, how would I benefit from joining a Village?

Members join for a variety of reasons. While some people join to get access to immediate services that foster independent living, others join for the social opportunities and to have a support system in place for when they need it later in life. No matter the reason, the benefits can be helpful for people of all ages and abilities.

3. Why do costs vary so much between Villages?

Costs vary depending on the model and services offered by each Village. For example, a Village with paid staff often has a higher membership fee than one that is completely volunteer run.

4. How is a Village different from senior centers and Councils on Aging? How do services Villages offer differ from services from other community agencies?

Villages do not replicate services already available in the community, but rather leverage community resources and fill in gaps in services with volunteer help. If a service or program is available at a senior center or Council on Aging, the Village would refer members to those organizations.

5. Who are the volunteers that provide services as part of the Villages?

Volunteers are often members of the Village or other community members. Each Village differs on their policy for volunteers, so we suggest reaching out to a specific Village for the details of their volunteer policy.

6. Do Villages have to be nonprofit organizations?

No, Villages do not have to be official nonprofit organizations, however, many are.

7. Do Villages always have paid staff?

While many Villages do have paid staff, it is not required. The model of Villages with paid staff is only one of many different approaches Villages may take. For example, some Villages are all volunteer-run and some establish themselves as part of a larger area agency, known as the “hub and spoke” model.

8. Am I required to volunteer if I join a Village?

While most Villages do not require members to volunteer, some Villages do expect members to volunteer, generally at least once. Contact the Village in your area regarding their specific policies.

9. I just want to be involved in social activities, how can I do that?

Some Villages offer Social Memberships in which members may partake in any social and community events, without the services component.

10. Are Villages just for older adults?

Each Village establishes its own rules for membership. While some Villages only allow older adults over a certain age, many are open to people of all ages. Programs and services tend to be geared towards older adults, however, people of all ages may benefit from them.

11. What if there are no Villages in my community but I think it is a great idea?

We recommend reading further about the Village movement and identifying a group in your community of people who may be interested in beginning a Village. It is important to survey key stakeholders and local residents to determine how best a Village could serve the community. You may want to reach out to existing Villages to help you think about what model would best fit your community. Toolkits for starting a Village are available through organizations such as the [Village to Village Network](#) and [Community Networks for Aging in Place](#).

Appendix A: Directory of Villages in Massachusetts

Appendix A includes a directory of the village-like community models in Massachusetts as of August 2017. Each listing includes contact information and you are encouraged to contact the village directly for more up-to-date information.

Beacon Hill Village

“Beacon Hill Village is a non-profit membership organization for downtown Boston residents age 50 and over. Together they create new resources and opportunities for leading vibrant, active and healthy lives as they age in their own communities. Beacon Hill Village offers its members access to educational and social events, health and wellness opportunities, volunteer help, and expertise for navigating the transitions that come with aging.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none"> ▪ Pre-Vetted Service Providers ▪ Access to Range of Supports ▪ Transportation & Grocery Shopping
✓	Community Events	<ul style="list-style-type: none"> ▪ Social, Cultural, & Educational Activities ▪ Wellness Programs & Group Exercise ▪ Special Interest Groups

Dues:

Membership Type	Cost
Individual	\$675/year
Household	\$975/year
Individual, Subsidized	\$100/year
Household, Subsidized	\$110/year

Quick Facts

- ❖ Established in 2002
- ❖ Paid Staff and Volunteers
- ❖ Open to specific neighborhoods in Boston
- ❖ Open to all people 50 years or older
- ❖ 350 members

Contact

Information:

74 Joy Street
 Boston, MA 02114
 Tel: 617-723-9713
www.beaconhillvillage.org/

BrooklineCAN

(Community Aging Network)

“BrooklineCAN is a town-wide initiative focused on maintaining a high quality of life for older residents in Brookline through excellence in education, programs, and services. It is a collaboration among residents of all ages, the Council on Aging, businesses, town departments, and nonprofits to 1) increase opportunities for seniors to engage in the town’s social, cultural, and civic life; and 2) build supports that enable independent living.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Repair and Referral Services▪ Discounted Home Care Services
✓	Community Events	<ul style="list-style-type: none">▪ Educational Programs▪ Advocacy for a Livable Town

Dues:

Membership Type	Cost
Individual	\$25/year
Household	\$40/year
Individual & Household, Subsidized	\$10/year

Quick Facts

- ❖ Established in 2011
- ❖ Paid Staff and Volunteers
- ❖ Open to Brookline residents and other communities upon request
- ❖ Open to all ages
- ❖ 350 members

Contact

Information:

93 Winchester Street
Brookline, MA
02446
Tel: 617-730-2777
www.brooklinecan.org

Cambridge at Home

“Our mission is to create for our members peace of mind so that they can continue to enjoy urban life in a multi-generational and multi-cultural setting.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none"> ▪ Grocery Shopping ▪ Transportation ▪ Technology Assistance ▪ Volunteer Outreach
✓	Community Events	<ul style="list-style-type: none"> ▪ Exercise Classes ▪ Social & Cultural Activities ▪ Health & Wellness Events ▪ Affinity Groups

Membership Type	Cost
Individual	\$1000/year
Household	\$1300/year
Individual, Subsidized	\$100/year
Household, Subsidized	\$150/year

Dues:

Quick Facts

- ❖ Established in 2007
- ❖ Paid Staff and Volunteers
- ❖ Open to Cambridge, Arlington, Belmont, Somerville & Watertown residents
- ❖ Open to all people 50 years or older
- ❖ 245 members

Contact Information:

545 Concord Ave.,
Suite 104
Cambridge, MA
02138
Tel: 617-864-1715
www.cambridgeathome.org

Carleton-Willard at Home

“If you are looking for a way to remain in your home and maintain a connection with the community you love, At Home is like a retirement village without walls – a way to easily take care of the tasks involved in day-to-day living, all while staying connected with others and involved in activities that interest you the most.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none"> ▪ Pre-Vetted Vendors ▪ Medical Transportation ▪ Meal Delivery
✓	Community Events	<ul style="list-style-type: none"> ▪ Health & Wellness Activities ▪ Social Activities

Dues:

Membership Type	Cost
Individual	\$665/year
Household	\$935/year

Quick Facts

- ❖ Established in 2009
- ❖ Paid Staff and Volunteers
- ❖ Open to Bedford, Carlisle, Concord, Lexington, Lincoln & Winchester residents
- ❖ Open to all people 65 years or older
- ❖ 282 members

Contact

Information:

P.O. Box 936
 Bedford, MA 01730
 Tel: 781-276-1910
www.cwathome.org

Coastal Neighbors Network (CNN)

“CNN is a community-based, nonprofit organization that provides services and information to enable Dartmouth residents to live safely, independently, and comfortably in their own homes. Our mission is to enable Dartmouth residents 50 and over to remain at home and to stay connected through a range of services provided by volunteers and approved vendors. We are dedicated to the concept of ‘Aging in Place.’”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Transportation▪ Home Maintenance▪ Pre-Vetted Vendors
✓	Community Events	<ul style="list-style-type: none">▪ Social Events▪ Book and Discussion Groups

Dues:

Membership Type	Cost
Individual	\$660/year
Household	\$900/year
Social	\$350/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2017
- ❖ Paid Staff and Volunteers
- ❖ Open to Dartmouth residents
- ❖ Open to all people 50 years or older
- ❖ 15 members

Contact Information:

P.O. Box 80073
South Dartmouth,
MA 02748
Tel: 508-556-4004

Greater Newburyport Village

“Our Village is a nonprofit, membership organization, powered by volunteers and driven by the needs of our members. As part of a national movement, we are acting upon new ideas about living full lives as we age and finding creative and active ways to meet the challenges and pleasures of shared longevity.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Transportation Assistance▪ Shopping and Errands▪ Light Home-Maintenance
✓	Community Events	<ul style="list-style-type: none">▪ Learning Opportunities▪ Recreational Outings▪ Cultural Activities

Dues:

Membership Type	Cost
Individual	\$300/year
Household	\$450/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2015
- ❖ All-Volunteer
- ❖ Open to Newburyport, Newbury, West Newbury, Amesbury, Salisbury, and Rowley residents
- ❖ Open to all ages
- ❖ 51 members

Contact Information:

P.O. Box 58
Newburyport, MA
01950
www.greaternewburyportvillage.org

Groton Neighbors

“The mission of Groton Neighbors help each other sustain independent lives at home and stay connected in our community. Groton Neighbors share a common concern that we may need assistance, now or in the future, to maintain a fulfilling life. We are united by the belief that neighbors helping each other can help make that possible.”

Services:

	<i>Type</i>	<i>Examples</i>
	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Personal Transportation▪ Household Services▪ General Health and Wellbeing Services
	Community Events	

Dues:

Membership Type	Cost
Individual & Household	\$120/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2015
- ❖ All-Volunteer
- ❖ Open to Groton residents
- ❖ Open to all 18 people years or older
- ❖ 65 members

Contact

Information:

P.O. Box 1006
Groton, MA 01450
Tel: 978-272-0123
www.grotonneighbors.org

JP@Home

"JP@Home is a membership-based program of Ethos, the Aging Services Access Point (ASAP) serving southwest Boston. The program is intended for middle income older adults who want to age well in the community. Members can participate in a wide variety of social, educational, health, and wellness activities and receive access to Ethos' services at discounted rates."

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Discounted Pre-Vetted Services▪ In-Home Needs Assessment
✓	Community Events	<ul style="list-style-type: none">▪ Educational Seminars▪ Annual Reception▪ Social Activities

Dues:

Membership Type	Cost
Individual	\$495/year
Household	\$845/year
Social	\$345/year

Quick Facts

- ❖ Established in 2014
- ❖ Paid Staff with support from Ethos
- ❖ Open to Jamaica Plain, Roslindale, West Roxbury, Mission Hill, Hyde Park, Roxbury & Brookline residents
- ❖ Open to all people 18 years or older
- ❖ 97 members

Contact Information:

555 Amory Street
Jamaica Plain, MA
02130
Tel: 617-522-6700
www.ethocare.org/jphome

Lexington at Home

“The broad goal of the association is to provide a social support network for its members, based on social relationships, mutual help and support, and access to information about resources available to seniors. Through these connections and relationships, we facilitate access to help and resources both within and beyond the association.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none"> ▪ Meals on Wheels ▪ Transportation for Medical Appointments ▪ Odd Jobs
✓	Community Events	<ul style="list-style-type: none"> ▪ Current Events Discussion Group ▪ Women’s Group ▪ Walking Group

Dues:

Membership Type	Cost
Individual	\$25/year
Household	\$50/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2006
- ❖ All-Volunteer
- ❖ Open to Lexington residents
- ❖ Open to all ages
- ❖ 130 members in 4 chapters of 30-40 members each

Contact Information:

www.lexington-at-home.com

Nauset Neighbors

“Our mission is to help seniors stay in their homes and active in their community as long as possible. We accomplish this through meaningful volunteering. Our volunteers make a difference in the lives of our members by providing Cape-wide transportation, handyman services, friendly visits, and computer help. Many of our volunteers create connections and friendships with our members. Our members come from all walks of life and have wonderful stories to tell.”

Services:

	Type	Examples
	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Transportation▪ Light Home Maintenance▪ Technical Support
	Community Events	

Dues:

Membership Type	Cost
Individual	\$75/year
Household	\$95/year

Membership fees waived, as needed

Quick Facts

- ❖ Established in 2011
- ❖ All-Volunteer
- ❖ Open to Brewster, Chatham, Eastham, Harwich, Orleans & Wellfleet residents
- ❖ Open to all people 60 years or older
- ❖ 385 members

Contact

Information:

P.O. Box 1716
Orleans, MA 02653
Tel: 508-514-7067
www.nausetneighbors.org

Neighborhood Falmouth

“Neighborhood Falmouth members, staff, and volunteers collaborate to help mature Falmouth citizens continue to enjoy our multi-generational community from the comfort of their own homes.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Light Home Maintenance▪ Transportation▪ Pre-Vetted Vendors
✓	Community Events	<ul style="list-style-type: none">▪ Social & Cultural Events

Dues:

Membership Type	Cost
Individual	\$600/year
Household	\$900/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2009
- ❖ Paid Staff and Volunteer
- ❖ Open to Falmouth residents
- ❖ Open to all people 50 years or older
- ❖ 130 members

Contact Information:

P.O. Box 435
Falmouth, MA 02541
Tel: (508) 564-7543
www.neighborhoodfalmouth.org

Newton at Home

“Newton at Home is a non-profit membership organization founded by a small group of Newton residents who wanted to build a community of friendship and support among older Newton residents.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Home Projects & Repairs▪ Vendor Referrals▪ Transportation▪ Technology Assistance
✓	Community Events	<ul style="list-style-type: none">▪ Affinity Groups▪ Health and Wellness Programs▪ Cultural Events

Dues:

Membership Type	Cost
Individual	\$725/year
Household	\$850/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2011
- ❖ Paid Staff and Volunteers
- ❖ Open to Newton residents
- ❖ Open to all people 60 or older
- ❖ 212 members

Contact

Information:

206 Waltham Street
West Newton, MA
02465
Tel: 617-795-2560
<http://newtonathome.org>

Northampton Neighbors

“Northampton Neighbors is a member-driven, nonprofit organization that enables older adults to live independent, engaged lives in their communities.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Vetted Service Referrals▪ Transportation▪ End-of-Life Planning & Support
✓	Community Events	<ul style="list-style-type: none">▪ Interest Groups▪ Neighborhood Get-Togethers

Dues:

Membership Type
No membership dues

Quick Facts

- ❖ Established in 2017
- ❖ Volunteer-run
- ❖ Open to Northampton residents
- ❖ Open to all people 55 or older
- ❖ 225 members

Contact

Information:

Tel: 413-478-5974

Reading Neighbors Network

“Reading Neighbors Network is a voluntary association of individuals living in or near Reading dedicated to helping one another age in place. This means living in our chosen community; enjoying ongoing companionship with family, friends, and neighbors; and having a support network. Reading Neighbors Network is based on social relationships and outreach, mutual help and support, and developing knowledge about opportunities and resources related to quality and enjoyment of life.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none"> ▪ “Lend a Hand” Program for Short-Term Services ▪ Transportation
✓	Community Events	<ul style="list-style-type: none"> ▪ Interest Groups ▪ Social Events ▪ “Hot Topics” Programs

Dues:

Membership Type	Cost
Individual	\$25/year
Household	\$50/year

Quick Facts

- ❖ Established in 2016
- ❖ Volunteer-run
- ❖ Open to Reading residents
- ❖ Open to all ages
- ❖ 55 members

Contact Information:

www.readingnn.club

Vineyard Village at Home

“Our mission is to help older Vineyarders continue to live in their own homes by providing them access to a wide range of volunteer, household, health, social, and professional services that will ensure their safety and comfort. To that end, we will work cooperatively with health and social services on the Island, integrating their offerings into a single resource for members, supplementing services as needed.”

Services:

	<i>Type</i>	<i>Examples</i>
✓	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none">▪ Transportation▪ Household & Garden Help▪ Personal Assistance
✓	Community Events	<ul style="list-style-type: none">▪ Cultural Outings▪ Health & Wellness Programs

Dues:

Membership Type	Cost
Individual	\$475/year
Household	\$600/year

Subsidized memberships available on a need-basis

Quick Facts

- ❖ Established in 2006
- ❖ Paid Staff and Volunteers
- ❖ Open to Martha's Vineyard residents
- ❖ Open all people 55 and older
- ❖ 54 members

Contact

Information:

P.O. Box 1356
Vineyard Haven, MA
02568
Tel: 508-693-3038
www.vineyardvillage.org

Wellesley Neighbors

“Wellesley Neighbors is a caring and supportive membership organization that enables midlife and older adults to live in their communities. It provides social, cultural, and educational activities; health-related assistance; member-vetted service referrals; and mutual help.”

Services:

	<i>Type</i>	<i>Examples</i>
	Information & Referral	
✓	Assistance in Living	<ul style="list-style-type: none"> ▪ Member-Vetted Service Referrals ▪ Support (e.g., transportation, technology assistance, etc.)
✓	Community Events	<ul style="list-style-type: none"> ▪ Social Activities & Events ▪ Wellesley College Partnership ▪ Interest Groups

Dues:

Membership Type	Cost
Individual	\$410/year
Household	\$540/year

Subsidized memberships available on need-basis

Quick Facts

- ❖ Established in 2011
- ❖ Paid Staff and Volunteer-run
- ❖ Partnership with Wellesley College
- ❖ Open to Dover, Natick, Needham, Wellesley & Weston residents
- ❖ Open to all ages
- ❖ 155 members

Contact

Information:

888 Worcester Street, Suite 260
 Wellesley, MA 02482
 Tel: 781-283-0417
<http://wellesleyneighbors.org>