

## *Building a Movement for an Age-Friendly Massachusetts*

### WHY IT'S IMPORTANT

Across the nation and around the globe, a major demographic shift is taking place. By 2020, adults age 65 and over will outnumber children under five among the global population for the first time. This has significant implications for how we live and work.

Here in Massachusetts, this shift is well underway and community leaders face critical decisions for how to move forward. Many leaders are already using an age-friendly lens to identify ways to promote healthy aging and enhance life for all residents.

**FACT: For the first time in the history of our country, the population over age 60 is growing faster than the population under age 18.**

### WHO WE ARE

A group of more than 100 agencies and organizations committed to advancing healthy aging and age-friendly communities throughout the state, the Massachusetts Healthy Aging Collaborative promotes policies and practices that are inclusive, relevant, and enhance the quality of life for people of all ages.

**FACT: In many Commonwealth cities and towns, adults over 65 already outnumber children 5 and younger.**

### HOW WE HELP YOU

Visit our website ([www.mahealthyagingcollaborative.org](http://www.mahealthyagingcollaborative.org)) to access the Age-Friendly Community Checklist, Age-Friendly Tool Kit, and the Massachusetts Healthy Aging Data Report. These tools will help you start conversations in your community and begin planning for an age-friendly future.

You will also find links to the AARP, Dementia-Friendly Massachusetts Initiative, the Executive Office of Elder Affairs, and others who offer additional age-friendly resources.

**FACT: By 2030, more than one-quarter of the Massachusetts population will be 60 years or older.**

### LEARN MORE

**AARP**  
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**Dementia Friendly Massachusetts Initiative**  
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**Executive Office of Elder Affairs**  
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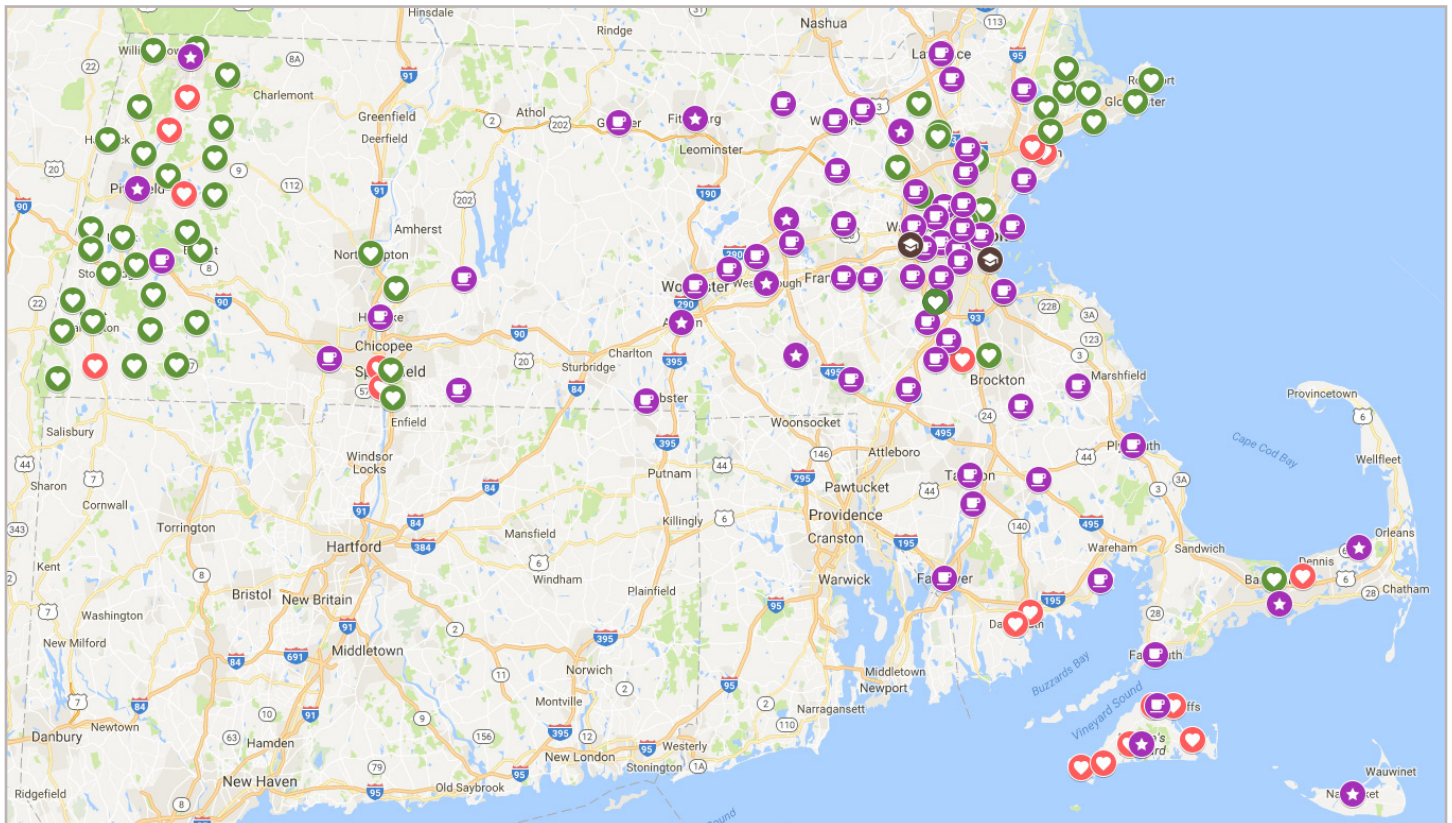
## Age-Friendly and Dementia-Friendly Initiatives in Massachusetts

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The Massachusetts Healthy Aging Collaborative tracks current age- and dementia friendly activities online using an interactive map. These include active and emerging efforts, as well as memory cafes and age-friendly universities.

To view the most up-to-date map, visit:

[mahealthyagingcollaborative.org/age-friendly/ma/map](http://mahealthyagingcollaborative.org/age-friendly/ma/map)



### Key

-  Active Age-Friendly Community
-  Emerging Age-Friendly Community
-  Dementia Friendly Community
-  Memory Cafe (*list available on MHAC map and JF&CS Directory*)
-  Age-Friendly University