WHY IT’S IMPORTANT
Across the nation and around the globe, a major demographic shift is taking place. By 2020, adults 65 and over will outnumber children under five among the global population for the first time. This has significant implications for how we live and work.

Here in Massachusetts, this shift is well underway and community leaders face critical decisions for how to move forward. Many leaders are already using an age-friendly lens to identify ways to promote healthy aging and enhance life for all residents.

FACT: For the first time in the history of our country, the population over age 60 is growing faster than the population under age 18.

WHO WE ARE
A group of more than 100 agencies and organizations committed to advancing healthy aging and age-friendly communities throughout the state, the Massachusetts Healthy Aging Collaborative promotes policies and practices that are inclusive, relevant, and enhance the quality of life for people of all ages.

FACT: In many Commonwealth cities and towns, adults over 65 already outnumber children 5 and younger.

HOW WE HELP YOU
Visit our website (www.mahealthyagingcollaborative.org) to access the Age-Friendly Community Checklist, Age-Friendly Tool Kit, and the Massachusetts Healthy Aging Data Report. These tools will help you start conversations in your community and begin planning for an age-friendly future.

You will also find links to the AARP, Dementia-Friendly Massachusetts Initiative, the Executive Office of Elder Affairs, and others who offer additional age-friendly resources.

FACT: By 2030, more than one-quarter of the Massachusetts population will be 60 years or older.

LEARN MORE

AARP
Kara Cohen
kcohen@aarp.org
617-305-0569

Dementia Friendly Massachusetts Initiative
Emily Kearns
emily@mcoaonline.com
978-604-0830

Executive Office of Elder Affairs
Robin Lipson
robin.lipson@state.ma.us
617-222-7511

Massachusetts Healthy Aging Collaborative
James Fuccione
james.fuccione@mahealthyaging.org
617-717-9493

EXCLUSIVE COMMITTEE

Milagros Abreu, MD, MPH
The Latino Health Insurance Program Inc.

Alice Bonner
Executive Office of Elder Affairs

Kara Cohen
AARP Massachusetts

Martin Cohen
MetroWest Health Foundation

Mike Festa
AARP Massachusetts

James Fuccione
Massachusetts Healthy Aging Collaborative

Rebecca Gallo
MetroWest Health Foundation

Bill Henning
Boston Center for Independent Living

Emily Kearns
Massachusetts Councils on Aging

Wendy Landman
WalkBoston

Walter Leutz, PhD
Heller School, Brandeis University

Robin Lipson
Executive Officer of Elder Affairs

Tamy-Feé Meneide
Multi-Cultural Coalition on Aging

Nora Moreno Cargie
Tufts Health Plan Foundation

Jan Mutchler
UMass Boston Gerontology Institute

Lea Susan Ojamaa
Massachusetts Department of Public Health

Carlene Pavlos
Massachusetts Public Health Association

Jennifer Raymond
Healthy Living Center of Excellence

Barbara Salisbury
MAB Community Services

Amy Schectman
Jewish Community Housing for the Elderly

Emily Shea
Boston Commission on Affairs of the Elderly

Elissa Sherman
LeadingAge Massachusetts

David Stevens
Massachusetts Councils on Aging

Karen Voci
Harvard Pilgrim Health Care

Revised April 2018
Age-Friendly and Dementia-Friendly Initiatives in Massachusetts
Revised April 2018

The Massachusetts Healthy Aging Collaborative tracks current age- and dementia friendly activities online using an interactive map. These include active and emerging efforts, as well as memory cafes and age-friendly universities.

To view the most up-to-date map, visit:
mahealthyagingcollaborative.org/age-friendly/ma/map

Key
- Active Age-Friendly Community
- Emerging Age-Friendly Community
- Dementia Friendly Community
- Memory Cafe (list available on MHAC map and JF&CS Directory)
- Age-Friendly University