



Join the global movement to change the way people think, act, and talk about dementia!



Attend a free, 1-hour information session with a trained volunteer Champion to:

- ❖ Learn the 5 key messages about how dementia affects people.
- ❖ Gain insight into communication changes.
- ❖ Find out how you can make a difference by turning your understanding into action.

Become a Dementia Friend

Virtual via Zoom

Wednesday, January 14, 2026

2:00 – 3:00 PM

RSVP: Stephanie Knoch

sknoch@needhamcouncil.org

Participants say:

“This has opened my eyes.”

“I wish I knew this five years ago when my family was going through it.”

“I will be much more aware at work and out in my community.”

Dementia Friends is a global movement developed by the Alzheimer's Society in the United Kingdom and now underway in Massachusetts and across the United States. To learn more, visit www.dementiafriendsma.org or contact Beth Soltzberg at bsoltzberg@jfcsboston.org

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